

OSAA / OnPoint Community Credit Union

2025 SWIMMING STATE CHAMPIONSHIPS

February 21-22, 2025 Tualatin Hills Aquatic Center 15707 SW Walker Road, Beaverton, OR 97006



DISTRICT MEET DIRECTOR INFORMATION

Additional information available on the OSAA website, www.osaa.org/activities

PRE-DISTRICT MEET

- 1. <u>DISTRICT MEET DIRECTOR RESPONSIBILITY</u>: Each item below is the District Meet Director's responsibility. If you have any questions about any of these responsibilities, please contact Kris Welch at 503.682.6722 x230 or email krisw@osaa.org.
- 2. STATE CHAMPIONSHIP ENTRY FORMS: DO NOT USE LAST YEAR'S FORMS.

NOTE: The OSAA does not require districts to submit Individual Entry Forms. Information for all individual entries is to be received through submission of your Hy-Tek Meet Manager backup. We do require submission of a Boys Relay Entry Form and a Girls Relay Entry Form. <u>Please provide ALL information requested on each Relay Entry Form</u>.

3. Please work with coaches to get USA Swimming ID numbers in the database before the meet. This is REQUIRED for any swimmers who would like their times from District Championships or State Championships to be entered into the USA Swimming times database."

DURING DISTRICT MEET

1. NUMBER OF ENTRIES ALLOWED PER INDIVIDUAL

2024-25 NFHS Swimming Rules Book, Rule 3.2.1 – "A competitor shall be permitted to enter a maximum of four events, no more than two of which may be individual events. Prelims and finals are considered one meet."

Additional information concerning entries can be found at **Swimming Reminders and Relay Entry Timeline Memo**.

Computer operators shall run an Exception Report following District Meet to verify that no swimmer has exceeded his/her allowed number of events. Meet referees shall verify that the computer operator does this procedure as the referee is ultimately responsible.

2. At the conclusion of the District Meet, the Official Entry Form and your Hy-Tek Meet Manager backup must be emailed to Kris Welch, krisw@osaa.org. This email must be received by 8pm, Saturday, February 15.

POST DISTRICT MEET

- 1. STATE CHAMPIONSHIP ENTRY FORM: It is imperative that district meet directors fill out the State Championship Entry Form with the correct information for each of the state qualifiers, relays only. At the conclusion of the District Meet, the Relay Entry Forms and the Hy-Tek Meet Manager backup shall be transmitted via email to Kris Welch, krisw@osaa.org. This email must be received by 8pm, Saturday, February 15.
 - A. Download the State Championship Entry Form from the OSAA website; go to the Swimming page.
 - B. Click on "Official Entry Form."
 - 1) Save form to your hard drive or disk as "Classification-District" Swimming (i.e., 5A-2 Midwestern League; 4A/3A/2A/1A-SPD1)
 - 2) Open the saved file and enter all information directly on each form.
 - a) Use upper and lower-case letters, the first and last names and school of each relay team qualifier. Please make sure that all names are spelled correctly, as that is the way they will be published.
 - b) Use the numerical year in school (i.e., 9, 10, 11, 12) not Fr, So, Jr, Sr.
 - c) All schools should be entered with their complete name. NO ABBREVIATIONS i.e., Hillsboro not HilHi; McLoughlin not Mac-Hi, Yamhill-Carlton not Y-C, Hood River Valley not Hood River, etc.
 - 3) Use your "TAB" key to move between cells.

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- C. Check entries and accuracy of information before sending to OSAA.
 - 1) Proofread the form before sending. Ensure that all names are spelled correctly and all fields are completed for each participant entry.
 - 2) Enter the number of participants, the names of the schools participating and each school's head coach and assistant coach. Enter this information in the space provided in the lower left-hand side of the entry form.
 - 3) Send as an email to krisw@osaa.org no later than 8pm, Saturday, February 15. Include Girls Relay Entry Form, Boys Relay Entry Form and Hy-Tek Meet Manager backup.
 - 4) Print a copy for your records.
- D. Para-Athlete Qualifiers Must submit written doctor's documentation of the athlete's disability. Send as an email to krisw@osaa.org no later than 8pm, Saturday, February 15.
- E. In addition to submission of the entry forms, the OSAA requests that computer operators using Hy-Tek Meet Manager Software be provided the enclosed information for submitting district results via email.

OSAA

email: krisw@osaa.org.

Swimming Contact: Kris Welch, Assistant Executive Director

25200 SW Parkway Avenue, Suite 1 Wilsonville, OR 97070 Office: 503.682.6722 x230

2. QUALIFICATION FOR STATE CHAMPIONSHIPS: (Excerpt 2024-25 OSAA Swimming Plan) A contestant for the State Championships shall qualify through the proper District Meet.

A. **6A**

- 1) Automatic Qualifiers First place winner in each individual and relay event at each District Meet automatically qualifies for the OSAA's State Championships. Districts shall settle any ties for first place in all events unless the qualifying standard is met.
- 2) Additional Qualifiers Consolation finalists and championship finalists in individual and relay events at each District Meet who meet the qualifying standard (9th place average of last three State Meets with the standard never to be easier than the previous year) automatically qualify. Any remaining open lanes will be filled by the next fastest times from District Meet finals, up to a total of 18 participants.
- 3) Cutoff Date The automatic qualifiers must be determined by 8pm on Saturday, February 15.

6A SWIMMING QUALIFYING STANDARDS

| <u>GIRLS</u> | <u>Event</u> | <u>Auto</u> | <u>Manual</u> | BOYS | <u>Event</u> | <u>Auto</u> | <u>Manual</u> |
|------------------|--------------|-------------|---------------|------------------|--------------|-------------|---------------|
| 200 Medley Relay | 1 | 1:53.27 | 1:53.2 | 200 Medley Relay | 2 | 1:41.18 | 1:41.1 |
| 200 Freestyle | 3 | 1:57.24 | 1:57.2 | 200 Freestyle | 4 | 1:46.89 | 1:46.8 |
| 200 Ind. Medley | 5 | 2:10.55 | 2:10.5 | 200 Ind. Medley | 6 | 1:58.75 | 1:58.7 |
| 50 Freestyle | 7 | 0:24.80 | 0:24.8 | 50 Freestyle | 8 | 0:21.93 | 0:21.9 |
| 100 Butterfly | 9 | 0:59.32 | 0:59.3 | 100 Butterfly | 10 | 0:53.08 | 0:53.0 |
| 100 Freestyle | 11 | 0:54.11 | 0:54.1 | 100 Freestyle | 12 | 0:48.18 | 0:48.1 |
| 500 Freestyle | 13 | 5:15.51 | 5:15.5 | 500 Freestyle | 14 | 4:51.98 | 4:51.9 |
| 200 Free Relay | 15 | 1:42.45 | 1:42.4 | 200 Free Relay | 16 | 1:31.38 | 1:31.3 |
| 100 Backstroke | 17 | 0:58.45 | 0:58.4 | 100 Backstroke | 18 | 0:54.52 | 0:54.5 |
| 100 Breaststroke | 19 | 1:06.96 | 1:06.9 | 100 Breaststroke | 20 | 0:59.98 | 0:59.9 |
| 400 Free Relay | 21 | 3:43.56 | 3:43.5 | 400 Free Relay | 22 | 3:19.19 | 3:19.1 |

B. **5A**

- 1) Automatic Qualifiers First place winner in each individual and relay event at each District Meet automatically qualifies for the OSAA's State Championships. District shall settle any ties for first place.
- 2) Additional Qualifiers Any remaining open lanes will be filled by the next fastest time from District Meet Finals, up to a total of 12 participants.
- 3) Cutoff Date The automatic qualifiers must be determined by 8pm on Saturday, February 15.

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C. 4A/3A/2A/1A

- 1) **Automatic Qualifiers** First place winner in each individual and relay event at each District Meet automatically qualifies for the OSAA's State Championships. District shall settle any ties for first place.
- 2) Additional Qualifiers Any remaining open lanes will be filled by the next fastest time from District Meet Finals, up to a total of 12 participants.
- 3) Cutoff Date The automatic qualifiers must be determined by 8pm on Saturday, February 15.

D. Para-Athletes:

(Para-Athlete Disability Certificate)

1) Athletes who meet the qualifying standards (see below) at their district meet shall combine in the 50-yard freestyle, 100-yard freestyle and 100-yard backstroke regardless of gender or disability. The Para-Athlete Disability Certificate and documentation of the disability must be provided to the OSAA prior to competing in the district meet. If more than nine students qualify in an event, the OSAA will explore splitting out the events by gender or disability type (wheelchair or ambulatory).

PARA-ATHLETES SWIMMING QUALIFYING STANDARDS

| GIRLS | <u>Auto</u> | <u>Manual</u> | <u>BOYS</u> | <u>Auto</u> | <u>Manual</u> |
|----------------|-------------|---------------|----------------|-------------|---------------|
| 50 Freestyle | 1:45 | 1:45 | 50 Freestyle | 1:30 | 1:30 |
| 100 Freestyle | 3:00 | 3:00 | 100 Freestyle | 2:30 | 2:30 |
| 100 Backstroke | 3:15 | 3:15 | 100 Backstroke | 2:45 | 2:45 |

- 2) There are two divisions for which a para-athlete participant may qualify, wheelchair and ambulatory. All athletes in grades 9-12 must meet OSAA eligibility requirements. For additional information see OSAA Handbook, Rule 8, Individual Eligibility
 - a) Wheelchair: Athletes with permanent physical disability on file with the school.
 - b) **Ambulatory**: Athletes shall have a permanent orthopedic, neuromuscular or other physical disability. This would include Visually Impaired, Cerebral Palsy, Dwarf and Amputees. Permanent orthopedic impairment shall be verified by a licensed physician and maintained on permanent file at the school.
 - Cognitively or intellectually disabled students are not defined as Para-Athletes.
- 3) It is an expectation that those para-athletes who wish to attempt to qualify are participating in these events during the regular season and that they establish a qualifying time at the league/conference/district qualifying meet. The qualifying time established at the league/conference/district meet will be used to seed as many heats as necessary to accommodate the qualifying field at the State Championships.
- 4) To facilitate training and competition for para-athletes it is recommended that all leagues/conferences/districts include a para-athlete 50-yard freestyle, 100-yard freestyle and 100-yard backstroke in their event schedules. Prior to an event the host school should verify with their invited teams whether or not they have para-athletes who would like to participate in one of these events.
- 5) Cutoff Date The automatic qualifiers must be determined by 8pm on Saturday, February 15.
- 6) State Championships Scoring Procedures Para-athletes will compete in combined flights, regardless of gender or disability type (wheelchair or ambulatory), until we reach a minimum of at least nine wheelchair and/or ambulatory entries from qualifying events.
 - a) If nine or more wheelchair and/or ambulatory athletes qualify, entries will be separated into timed finals by disability type and fields will continue to contain mixed genders. Scoring will be separated by gender and disability type (wheelchair or ambulatory).
 - b) In the case of less than nine wheelchair and/or ambulatory athletes qualifying, entries will participate as a timed final regardless of disability type and fields will contain mixed genders. Scoring will be separated by gender and disability type (wheelchair or ambulatory).
- 7) **Team Scoring Procedures** Team points will be allocated back to the represented school to be added to their overall team point structure for the girls and the boys. If there is only a single race for an event and the genders are mixed, the points earned by that gender in order of finish for that race will be calculated. For instance, if there are three girls swimming and two boys swimming and the order of finish was girl in first, boy in second, and girl in third;

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points would be awarded by order of finish with the girl earning first place points and the boy earning second place points, etc.

If the points earned from a para-athlete move a team into trophy consideration and those points overtook another school, dual trophies will be presented for that position.

Example:

- 1st Team A: 80 points (not including para-athlete)
- 2nd Team B: 70 points (not including para-athlete)
- 3rd Team C: 60 points (not including para-athlete)
- 4th Team D: 50 points (not including para-athlete)
- 5th Team E: 48 points (not including para-athlete)

Team's A, B, C and D do not have any para-athletes that qualified. Team E had one para-athlete qualify that scores three team points in an event. Including those points would put Team E in 4th place with 51 points. Team D and E would both receive 4th place state trophies. If a school is already in trophy position and the para-athlete points move a school up (i.e. 3rd to 2nd) a school will receive both trophies.

Standard NFHS scoring (Rule 7-1, Article 3 outlined in the chart below) provides the point structure that will be used.

| Places | 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th |
|--------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | | | | | | | | |
| 2 | 3 | 1 | | | | | | | |
| 3 | 4 | 2 | 1 | | | | | | |
| 4 | 5 | 3 | 2 | 1 | | | | | |
| 5 | 6 | 4 | 3 | 2 | 1 | | | | |
| 6 | 7 | 5 | 4 | 3 | 2 | 1 | | | |
| 7 | 8 | 6 | 5 | 4 | 3 | 2 | 1 | | |
| 8 | 9 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | |
| 9 | 10 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |

3. PRE-STATE CHAMPIONSHIP POSTINGS

- A. The state championship meet will be seeded at the OSAA office on Sunday, February 16 and all entries will be posted on the website by 6pm.
 - 1) District Meet Directors AND coaches of qualifying swimmers are responsible for checking the accuracy of the entry information, including correct spelling.
 - 2) Check all entries for correct spelling of participant's name, year in school, school name, etc., as this information will appear the same way on the heat sheets unless corrected.
- B. Follow these instructions to check your district's / school's entry information:
 - 1) Access the OSAA website, <u>www.osaa.org/swimming</u>
 - 2) Go to "Qualifiers by Event" and click on your classification.
- **4.** <u>CORRECTIONS ONLY</u>: (*spelling*, *grade*, *school*, *etc.*) Corrections are submitted via the online substitute/change form, www.osaa.org/forms/substitution/sw.
- 5. STATE CHAMPIONSHIPS INDIVIDUAL SPORT SUBSTITUTIONS (OSAA Handbook, Executive Board Policies) (Revised Winter 2015)
 - A. The following shall be the policy for substitutions in individual sport State Championship events. All individuals who are substitutes for individual qualifiers must have participated in a District or Special District Meet.

D. Swimming

1) **Multiple Event Qualifiers and Relays**. This deadline is for a participant withdrawing from the championship in one event but remaining in others and for submission of up to eight names for a relay team.

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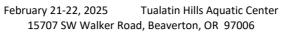
- a) <u>Multiple Event Qualifiers</u>: Except as indicated below, participants who qualify in more than one event shall participate in all the events for which they qualify from preliminaries to finals.
 - (1) If a District Meet Director notifies the OSAA of a change prior to 4pm on the Monday preceding the state championship, an individual may drop from one or more events in which they are qualified. The next place winner at the District Meet in the respective event or events is eligible as a substitute if replacing the district champion. If not, the individual(s) with the next best time will be the replacement(s).
 - (2) If the OSAA has not been notified of a change prior to 4pm on the Monday preceding the state championship, the participant who has qualified in multiple events must compete in all qualified events or they shall be scratched from all events in which the participant has qualified.
- b) Relay Event Entries: Qualifying teams may enter the names of up to eight individuals in relay events.
 - (1) Qualifying relay teams failing to enter eight individuals may not add individuals to the state championship meet after the established Monday deadline.
 - (2) Any four of the listed individuals may compete and it shall count as an event only for the four who compete. It is not necessary to use the same four swimmers in the finals that participated in the preliminaries, but any substitution must already be entered into the meet.
- 2) **Single or Multiple Event Qualifiers Dropping All Events or Substitutions only on Relays**. This deadline is for a participant dropping out of the state championship and being replaced by another participant or participants.
 - a) If a District Meet Director notifies the OSAA by 4pm two business days prior to the first day of the state championship that a single event or multiple event qualifier is dropping all events, a substitution or substitutions may be made.
 - b) The next place winner at the District Meet in the respective event or events is eligible as a substitute if replacing the district champion. If not, the individual(s) with the next best time will be the replacement(s).
- 6. WITHDRAWAL DURING A COMPETITION (OSAA Handbook, Executive Board Policies)
 - A. Removal of a team from competition prior to completion of that competition shall be considered a gross act of unsportsmanlike conduct.
 - B. In such a case, the school shall forfeit the contest and an administrator and the coach responsible for the action shall appear before the Executive Board at its next regularly scheduled meeting. See Executive Board Policies, Withdrawal from State Championships for additional information.

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OSAA / OnPoint Community Credit Union

2025 SWIMMING STATE CHAMPIONSHIPS





2025 OSAA TIME STANDARDS

| # | Event Name | 6A Qualifying Standard - AUTO | 6A Qualifying Standard - MANUAL | All American Automatic | All American Consideration | 4A/3A/2A/1A State Record | 5A State Record | 6A State Record | OSAA State Record | NISCA National Record |
|----|---------------------------|----------------------------------|------------------------------------|---------------------------|-------------------------------|-----------------------------|-----------------|-----------------|-------------------|--------------------------|
| 1 | Girls 200 Medley Relay | 01:53.27 | 01:53.2 | 01:44.31 | 01:46.22 | 01:47.23 | 01:41.91 | 01:44.23 | 01:41.91 | 01:36.98 |
| 2 | Boys 200 Medley Relay | 01:41.18 | 01.41.1 | 01:32.38 | 01:34.11 | 01:38.04 | 01:37.50 | 01:33.14 | 01:33.14 | 01:26.88 |
| | | | | | | | | | | |
| 3 | Girls 200 Freestyle | 01:57.24 | 01:57.5 | 01:48.79 | 01:50.65 | 01:50.29 | 01:47.15 | 01:48.41 | 01:47.15 | 01:42.81 |
| 4 | Boys 200 Freestyle | 01:46.89 | 01:46.8 | 01:38.21 | 01:39.81 | 01:41.71 | 01:39.14 | 01:37.27 | 01:37.27 | 01:32.68 |
| | | | | | | | | | | |
| 5 | Girls 200 Ind. Medley | 02:10.55 | 02:10.5 | 02:01.38 | 02:04.11 | 02:04.93 | 02:00.45 | 01:58.95 | 01:58.95 | 01:53.38 |
| 6 | Boys 200 Ind. Medley | 01:58.75 | 01:58.7 | 01:49.14 | 01:51.34 | 01:50.43 | 01:44.54 | 01:46.91 | 01:44.54 | 01:41.39 |
| | | | | | | | | | | |
| 7 | Girls 50 Freestyle | 00:24.80 | 00:24.8 | 00:23.08 | 00:23.54 | 00:23.09 | 00:22.89 | 00:22.30 | 00:22.30 | 00:21.59 |
| 8 | Boys 50 Freestyle | 00:21.93 | 00:21.9 | 00:20.41 | 00:20.80 | 00:20.48 | 00:20.18 | 00:20.32 | 00:20.18 | 00:19.20 |
| | | | | | | | | | | |
| 9 | Girls 100 Butterfly | 00:59.32 | 00:59.3 | 00:54.32 | 00:55.58 | 00:54.03 | 00:55.47 | 00:53.13 | 00:53.13 | 00:49.24 |
| 10 | Boys 100 Butterfly | 00:53.08 | 00:53.0 | 00:48.38 | 00:49.53 | 00:49.52 | 00:47.63 | 00:47.90 | 00:47.63 | 00:44.97 |
| | | | | | | | | | | |
| 11 | Girls 100 Freestyle | 00:53.91 | 00:53.9 | 00:50.16 | 00:50.99 | 00:49.81 | 00:49.26 | 00:49.46 | 00:49.26 | 00:46.98 |
| 12 | Boys 100 Freestyle | 00:48.18 | 00:48.1 | 00:44.72 | 00:45.56 | 00:45.24 | 00:45.57 | 00:43.70 | 00:43.70 | 00:42.14 |
| | | | | | | | | | | |
| 13 | Girls 500 Freestyle | 05:15.51 | 05:15.5 | 04:53.16 | 04:58.35 | 04:58.58 | 04:54.37 | 04:52.91 | 04:47.34 | 04:34.78 |
| 14 | Boys 500 Freestyle | 04:51.98 | 04:51.9 | 04:28.60 | 04:32.95 | 04:34.51 | 04:26.52 | 04:25.02 | 04:25.02 | 04:12.70 |
| | | | | | | | | | | |
| 15 | Girls 200 Freestyle Relay | 01:42.45 | 01:42.4 | 01:35.48 | 01:37.15 | 01:39.65 | 01:36.06 | 01:34.54 | 01:34.54 | 01:29.61 |
| 16 | Boys 200 Freestyle Relay | 01:31.38 | 01:31.3 | 01:24.15 | 01:25.57 | 01:29.01 | 01:28.23 | 01:25.00 | 01:25.00 | 01:19.27 |
| | | | | | | | | | | |
| 17 | Girls 100 Backstroke | 00:58.45 | 00:58.4 | 00:54.69 | 00:55.91 | 00:56.49 | 00:54.91 | 00:53.71 | 00:53.71 | 00:49.61 |
| 18 | Boys 100 Backstroke | 00:54.52 | 00:54.5 | 00:48.94 | 00:50.13 | 00:51.09 | 00:47.45 | 00:48.28 | 00:47.45 | 00:45.08 |
| | | | | | | | | | | |
| 19 | Girls 100 Breaststroke | 01:06.96 | 01:06.9 | 01:02.53 | 01:03.85 | 01:02.60 | 01:02.51 | 00:58.35 | 00:58.35 | 00:58.35 |
| 20 | Boys 100 Breaststroke | 00:59.98 | 00:59.9 | 00:55.22 | 00:56.46 | 00:58.50 | 00:53.36 | 00:55.40 | 00:53.36 | 00:51.62 |
| | | | | | | | | | | |
| 21 | Girls 400 Freestyle Relay | 03:43.56 | 03:43.5 | 03:27.68 | 03:31.16 | 03:36.55 | 03:28.29 | 03:24.98 | 03:24.98 | 03:14.80 |
| 22 | Boys 400 Freestyle Relay | 03:19.19 | 03:19.1 | 03:05.17 | 03:08.08 | 03:15.49 | 03:13.05 | 03:06.09 | 03:06.09 | 02:53.81 |

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Updated: 2/11/2025

2025 SWIMMING DISTRICT MEET DIRECTORS

| | | If there are any cl | HIGHLIGH hanges or corrections that need t | HIGHLIGHTED INFORMATION has NOT been verified. If there are any changes or corrections that need to be made to the information listed below please email them to the information & DISTRICT. | rified. please email them to Katl CT. | to Kathi, <u>kathif@osaa.org</u> . | |
|-----------------|--------------------|---------------------|--------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|------------------------------------|--------------------------------------------------------------------------|
| District | League Name | Date | Site | AD / Meet Manager | Host School | AD Work Phone | AD / Meet Manager E-mail |
| 6A-1 | ЫІ. | Feb. 14 -15 | Matt Dishman Pool | Gina Aman, PIL Athletics, Meet Manager | PIL Athletics | 503.916.3223 | gaman@pps.net |
| 6A-2 | METRO | Feb. 14 -15 | Tualatin Hills Aquatic Center | Dennis Rice, AD Joseph Moreno, Meet Director | Beaverton HS | 503.356.2251 | dennis_rice@beaverton.k12.or.us meetdirectors@thunderboltswimming.org |
| 6A-3 | PACIFIC | Feb. 14 -15 | McMinnville Aquatic Center | Ryan McIrvin, AD / Meet Director | McMinnville HS | 503.565.4204 | rmcirvin@msd.k12.or.us |
| 6A-4 | МТ НООБ | Feb. 14 -15 | David Douglas Aquatics Ctr. | Ty Gonrowski, AD Bobby DeRoest, Meet Director | David Douglas HS | 503.674.5514 | gonrowski@gresham.k12.or.us coachbobbyddac@gmail.com |
| 6A-5 | THREE RIVERS | Feb. 14 -15 | Chehalem Park | Ted Rose, AD Debbie Laderoute, Meet Director | Tualatin HS | 503.431.5661 | trose@ttsd.k12.or.us debbie@oregonswimming.org |
| 6A-6 | CENTRAL VALLEY | Feb. 14 -15 | Kroc Swim Center | Wendy Stradley, AD / Meet Director | West Salem HS | 503.399.5533 | stradley_wendy@salkeiz.k12.or.us |
| 6A-7 | SOUTHWEST | Feb. 14 -15 | Rogue X - Medford | Patrick Grady, AD Tonya Sowles, Meet Director | South Medford HS | 541.842.5350 | patrick.grady@medford.k12.or.us tonyasowles@gmail.com |
| 5A-1 | NORTHWEST OREGON | Feb. 12 | Parkrose HS | Ryan Gallagher, AD / Meet Director | Parkrose HS | 503.408.2697 | gallarya@parkrose.k12.or.us |
| 5A-2 | MIDWESTERN | Feb. 14 - 15 | Willamalane Swim Center | Peter Barsotti, AD Chas Esping, Meet Director | North Eugene HS | 541.790.4507 | barsotti_p@4j.lane.edu chas@teameugene.org |
| 5A-3 | MID-WILLAMETTE | Feb. 13, 15 | Albany Community Pool | Salvador Munoz, AD Jacki Allender, Meet Director | South Albany HS West Albany HS | 541.757.5920 | salvador.munoz@corvallis.k12.or.us jacki.allender@gmail.com |
| 5A-4 | INTERMOUNTAIN | Feb. 14 - 15 | Juniper Swim & Fitness | Mike Carpenter, AD Lynnette Konop, Meet Director | Summit HS | 541.355.4102 | mike.carpenter@bend.k12.or.us lynnette.konop@redmondschools.org |
| 4A/3A/2A/1A-SD1 | SPECIAL DISTRICT 1 | Feb. 14 - 15 | Madras Aquatic Center | Walter Stahl, AD Beth Koza, Meet Director | Madras HS | 541.475.7265 | wstahl@509j.net bkoza71@gmail.com |
| 4A/3A/2A/1A-SD2 | SPECIAL DISTRICT 2 | Feb. 14 - 15 | North Bend Municipal Pool | Mike Forrester, AD Allie Reed, Meet Director | North Bend HS | 541.751.7159 | mforrester@nbend.k12.or.us Alleesmeets@gmail.com |
| 4A/3A/2A/1A-SD3 | SPECIAL DISTRICT 3 | Feb. 14 - 15 | Astoria Aquatic Center | Howard Rub, AD / Meet Director | Astoria HS | 503.325.3911 | hrub@astoriak12.org |
| 4A/3A/2A/1A-SD4 | SPECIAL DISTRICT 4 | Feb. 14 - 15 | Albany Community Pool | Dan Tow, AD A. Jay Bronson, Meet Director | Sweet Home HS | 541.367.7144 | dan.tow@sweethome.k12.or.us ajay.bronson@sweethome.k12.or.us |

OSAA / OnPoint Community Credit Union 2025 Swimming District Meet Public Address Script

| Good morning / | afternoon ladies and | gentlemen. We w | elcome you to today | 's | Swimming |
|----------------|----------------------|-----------------|---------------------|----|----------|
| District Meet. | | | | | |

SPORTSMANSHIP (REQUIRED)

Every student performing here today has had dreams of being a star in their own right. What they never dreamed of, is being ridiculed or threatened for how they look, where they came from, how they worship, or who they love. And yet this happens repeatedly at sporting events across our state. We are better than this. As athletes. As fans. As Oregonians.

In sport, every participant must play by the same rules. Now, so does everyone in attendance at OSAA interscholastic events. Each of us is expected to encourage and contribute to an environment of SAFETY, TOLERANCE, ACCEPTANCE and RESPECT throughout the event. The OSAA calls it being a STAR. And if you can do it, consider yourself a STAR. If you can't, you'll find yourself on the outside looking in at this and potentially any future interscholastic events in Oregon.

We all have a role to play in making events like this a success. So, whether you're on the field or in the stands—play well, play hard, and play fair. Because Greatness…is Hateless.

OSAA SPONSOR ANNOUNCEMENTS

Sponsor announcements are for use during breaks in the action and can be read more than once.

- 1. Visit OSAA dot org for complete results from this year's Swimming State Championships. Complete results from each classification will be posted later this evening. You can also find year-by-year results from past Swimming state championships and links to Swimming souvenirs. That's OSAA dot org.
- 2. OnPoint Community Credit Union is a proud sponsor of the OSAA State Championship. OnPoint is Oregon's largest locally headquartered credit union serving more than 522,000 members. Federally insured by NCUA. Equal housing opportunity.
- 3. Stay connected to your favorite team with the OSAA Live mobile app. OSAA Live features the latest scores, schedules and rankings for all teams and leagues across Oregon. Purchase State Championship tickets. Access OSAA State Championship programs. Read the latest prep news and information. Search OSAA Live in the App Store or on Google Play to download today.
- 4. Purchase your official State Championships merchandise at OSAA store dot com. With RushTeamApparel, the exclusive merchandise partner of the OSAA, you have more options! Customize your gear with your school name, a student-athlete name, event decals, and more! Nike products are also available. Browse the selection of official State Championships merchandise at OSAA store dot com.
- 5. Your local Toyota Dealers are proud to support the OSAA, it's member schools, and the thousands of students competing each and every day. Toyota is the official automobile of the OSAA. Toyota dot com.
- 6. For in-depth coverage of high school activities across the state, OSAA today is the answer. OSAA today has the latest news, stories, coaches polls and more. OSAA today features stories from around the state. Visit OSAA dot org slash today!
- 7. A sponsor of OSAA State Championships, OnPoint provides our local communities with the banking and lending solutions they need to get ahead. Federally insured by NCUA. Equal housing opportunity.
- 8. Moda Health is a proud sponsor of O-S-A-A events because students who discover their strength through sports grow into healthy adults. At Moda Health we believe better health is a team sport. Experience Better.

- 9. High school students deserve the right to participate in sports and activities the problem is that not every student or their family can afford the costs associated. The OSAA Foundation Student Assistance Program is here to help breakdown those barriers to allow students to learn the lifelong lessons you receive from participating. Visit o-s-a-a foundation dot org to find out how you can help.
- 10. For over forty-five years, Pacific Office Automation has remained locally owned and operated. They support the community and people and places that matter. That's why they continue to sponsor the OSAA year after year. To learn more, visit Pacific Office dot com. Pacific Office Automation Problem Solved.
- 11. The OSAA reminds you that Abby's Legendary Pizza is our Official Team Party Place. Schedule your end-of-season party at any Abby's pizza parlor and receive 20% off your entire meal. Abby's: Legendary pizza for legendary coaches and athletes since 1964.
- 12. Triple A. Providing you 24-hour roadside assistance as a driver, a passenger or on your bike. And offering coverage through Triple A Insurance including customized home and auto coverage. Learn more at Triple A dot com.
- 13. The official OSAA State Championship Program is available to download right to the palm of your hand! Programs are available on the new OSAA Live mobile app or online at OSAA dot org backslash program.
- 14. The Army is a proud sponsor of the OSAA. With more than 150 career opportunities and money for college find out how you can be a part of a winning team. Learn more at go army dot com slash OSAA. The U.S. Army...National Champs since 1775.
- 15. Nike is a proud sponsor of the OSAA Swimming State Championships. Visit them online at nike dot com to see the latest in Nike gear.
- 16. Want to stay in shape, be involved in a sport you love and earn money in the process? Become an athletic official! We need more Baseball and Softball umpires for this Spring. Visit OSAA-dot-org backslash officials for more information and to get registered.
- 17. Milk has fueled athletes for centuries, delivering a powerful combination of natural nutrients that aid muscle repair, rehydration, and replenishment. The Oregon Dairy and Nutrition Council is proud to refuel Oregon athletes with milk the official recovery beverage of the OSAA. Find out more about what milk can do for you at gonnaneedmilk.com
- 18. Since 1990, Settlemier's Jackets has been making the finest Letterman Jackets for the Oregon high school community. For three generations this family business has been building varsity jackets using local materials and labor, crafting high-quality jackets to tell the story of the Oregon athletes, activists and artists. Settlemier's believes that your best deserves the best, without compromise. Visit settlemiersjackets.com to rep your Oregon High School with the local pride that comes from owning a custom-made Settlemier's Jacket!
- 19. Calling ALL high school students in the Portland and Salem areas! Jiffy Lube is giving away one \$4,500 scholarship and three \$1,500 scholarship awards!! Simply tell us in 500 words or less, "What Drives You?"! It's that easy. No other requirements! Visit jiffylubeoregon.com for more information and to apply that's jiffylubeoregon.com for a chance to win a \$4,500 scholarship award from your local Jiffy Lube owners!
- 20. Follow the OSAA on Facebook, Twitter, and Instagram to get up to the minute results from all state championship events. Search Oregon School Activities Association on Facebook and OSAASports on Twitter. Be connected, stay connected with prep sports with the social network applications from the OSAA.
- 21. Determination, hard work, perseverance and sacrifice. These are qualities student athletes possess when they're performing at the highest levels. They are also the same qualities we look for in the next generation of Sailors in the US Navy. So, when you hang up your varsity jacket, come join our team.

- 22. Honor. Loyalty. Dedication. Compassion. Integrity. Do these words resonate with you? These are the qualities we're looking for in future Oregon State Police troopers. Talk to a recruiter to learn about current entry-level and lateral career opportunities or find out how you can prepare for a career in law enforcement. Visit O-S-P-Trooper dot com for more information.
- 23. Dave's Hot Chicken specializes in Hot Chicken Sliders, Tenders and Bites, along with house-made Kale Slaw, creamy Mac & Cheese and crispy French Fries. Offered at seven spice levels ranging from No Spice to Reaper® (which requires a signed waiver for those who dare), each piece of hand-breaded chicken is spiced-to-order. Spicy. Hot. DELICIOUS!
- 24. Oregon Beef Council Beef is packed with the protein and nutrients needed to fuel strong bodies and sharp minds. Whether it's a pre-game meal or a post-game celebration, beef is the perfect way to power your performance and enjoy the taste of victory.
- 25. The Oregon Seed Council is a proud sponsor of the OSAA and supports its schools and athletes. Oregon's seed industry promotes sustainable agriculture with natural regenerative properties, a focus on carbon sequestration, and stewardship. Visit OregonSeedCouncil.org to learn more.
- 26. How will you pay for college or trade school? The high cost of tuition, fees, books, and housing are some of the main reasons why students fail to achieve their education goals. As a high school senior or junior, you're eligible to join the Oregon Army National Guard and receive 100% tuition assistance to attend college or trade school. In the Oregon Guard, you'll also get paid for on-the-job training and you'll start a meaningful part-time career. To schedule an interview and learn more about local opportunities, fill out the contact form on Oregon Army Guard dot com. Again. That's OREGON ARMY GUARD DOT COM.
- 27. Northwest Sports Photography is shooting action, team and awards photos during this year's Swimming State Championships. Team photos can be taken on the awards stand. Go to N S P dot COM to preorder your photos before the State Championship.

END OF MEET ANNOUNCEMENT

The OSAA and title sponsor OnPoint Community Credit Union thanks you for your support of high school activities. The Swimming State Championship is February 21-22 at Tualatin Hills Aquatic Center in Beaverton. Visit OSAA dot org for event information and to purchase tickets. Visit OSAA store dot com to order official OSAA Swimming State Championships merchandise. The Oregon Department of Transportation reminds you to Park your Phone on your way home, so our roadways are safer for everyone. Safety starts with you!