



# Phase Two Reopening Guidance FAQs

## Recreational Sports, Limited Return to Play for Specified Sports *(Updated 6-12-2020)*

**Q1: What is considered a “contact sport”? What sports can be played with additional safety measures?**

**A1:** A contact sport is a sport that involves participants coming into bodily contact. Full contact sports are prohibited at this time. Minimal or medium contact sports are allowed. Specified minimal or medium contact sports are listed in the [Reopening Guidance Tool](#): Archery, Badminton, Baseball, Cycling, Golf, Gymnastics, Lacrosse, Licensed pools, Pickleball, Running, Soccer, Softball, Sport courts, Swim Lessons, Swimming, Table Tennis, Tennis, Track & Field, Volleyball.

**Q2: If a complex has four fields, is training or playing allowed on each field simultaneously?**

**A2:** Yes, but only if groups at each field maintain required physical distancing and adhere to maximum capacity requirements. For outdoor recreational sports, the maximum capacity is 100 people.

**Q3: Are school fields and facilities available for use even if schools are closed?**

**A3:** Local schools and school districts determine how and when school facilities can be used by the public. Contact the school district for information about the availability of school facilities.

**Q4: Can sports teams travel to games/tournaments either within Oregon or to other states?**

**A4:** OHA guidance does not prohibit travel, however, non-essential travel should be limited in accordance with the [Governor’s Executive Order 20-27](#).

**Q5: During Phase Two, are sports tournaments allowed?**

**A5:** Yes. Tournament organizers must comply with [Phase Two OHA Guidance for Gatherings](#) and [Phase Two Reopening Guidance for Venue and Event Operators](#). Event organizers must develop a plan to limit the number of spectators (e.g. parents) admitted into the premises so that everyone can keep six (6) feet of physical distance. Event operators are required to limit the gathering capacity to a maximum of 250 people or the number of people, including staff, based on a determination of capacity (square footage/occupancy), whichever is less.

**Q6: Some sports require brief contact multiple times during the game and it's impossible for six (6) feet of distance to be maintained during these contacts. Are these allowed in Phase Two?**

A6: Yes. Minimal and medium contact sports are allowed in Phase Two. Sports leagues, coaches and trainers should take steps to ensure that there is only contact among participants/players needed to play the game.

**Q7: For sports like softball or baseball where the ball is touched many times, how often does OHA recommend the game ball be wiped down with a disinfectant?**

A7: Shared equipment must be cleaned and disinfected frequently, as appropriate for the sport (e.g. between players, sets, periods, or games). Use disinfectants that are included on the [Environmental Protection Agency \(EPA\) approved list](#) for the SARS-CoV-2 virus that causes COVID-19. No product will be labeled for COVID-19 yet, but many products will have a label or information available on their websites about their effectiveness for human coronavirus. Players should also wash their hands or use hand sanitizer frequently.

**Q8: Are players required to wear a face covering and gloves?**

A8: OHA assumes that the use of face coverings while playing is not feasible. However, face coverings should be worn by players and spectators while on the side lines. Players are not required to wear gloves.

**Q9: What guidance should be used for high school sports practice this summer?**

A9: For practice in counties in Phase Two, refer to [Phase Two Reopening Guidance – Recreational Sports, Limited Return to Play for Specified Sports](#).

**Q10: Why is there a difference between the 100-person outdoor limit for recreational sports and the 250-person capacity limit for events?**

A10: The 250-person maximum capacity limit applies to venues and event operators who host or facilitate indoor or outdoor events, including social, recreational, cultural, civic, and faith-based gatherings. Other types of gatherings must adhere to the 50-person limit indoor and 100-person limit outdoor. In both cases, physical distancing requirements must be adhered to at all times.

**Q11: Are fun runs like 5K and 10K events allowed in Phase Two?**

A11: Yes, these types of events are allowed. Event organizers must comply with [Phase Two OHA Guidance for Gatherings](#) and [Phase Two Reopening Guidance for Venue and Event Operators](#). Event organizers must develop a plan to limit the number of spectators admitted into the premises so that everyone can keep six (6) feet of physical distance. Event operators are required to limit the gathering capacity to a maximum of 250 people or the number of people, including staff, based on a determination of capacity (square footage/occupancy), whichever is less.

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For individuals with disabilities or individuals who speak a language other than English, OHA can provide documents in alternate formats such as other languages, large print, braille or a format you prefer. Contact Mavel Morales at 1-844-882-7889, 711 TTY or [OHA.ADAModifications@dhsoha.state.or.us](mailto:OHA.ADAModifications@dhsoha.state.or.us).