

## 5/13 XC Contingency Meeting Summary by Topic:

### Acclimation Period - Minimum time needed:

Consensus that XC is inherently social distanced and it is normal for the sport to have varied levels of fitness to begin the season. Trust the coaches to train the kids at the level they are at.

Same strategy is a team had to stop and restart -

### Thoughts on <5 people groups, <10:

Concerns related to smaller groups – larger groups would be better. Huge disparities in team sizes could lead to inequities if number is too low. Five is impractical for a big squad most likely – 8-10 makes more sense if possible. How many groups can be convened at the same time and can coaches work with multiple groups on the same day?

### Physical Distancing Strategies:

No issues with physical distancing in practice settings – competition setting would need to have modifications.

### Comfort with school camps during the summer months?:

- Too big of a risk, can't see a way to do it safely. End of season is more important
- Camps are out the window
- Could a school do a team camp within your own school?
- Camps will occur, supports allowing schools who have the opportunity to do that, caution against mixing groups (especially at different phases)

The group closed the meeting with a short discussion about impact of COVID-19 on travel. No answers yet from Governor or ODE but general consensus that decisions will have a direct impact on what the season may look like. More discussion on this topic in the future as more information and guidelines become available.