

**2005-06 Oregon Wrestling Weight Monitoring Program
Body Fat Percentage Data**

Average Body Fat by Weight Class and Grade

	9th		10th		11th		12th		Totals	
	#	Avg BF	#	Avg BF	#	Avg BF	#	Avg BF	#	Avg BF
103	207	10.43	77	10.75	27	14.18	6	10.48	317	11.46
112	184	11.27	95	11.08	57	12.05	26	11.63	362	11.51
119	198	11.11	111	12.29	78	12.02	53	11.72	440	11.78
125	182	12.17	155	12.12	107	12.90	65	10.86	509	12.01
130	154	13.49	144	13.15	111	12.04	69	11.67	478	12.59
135	183	14.37	168	13.43	113	12.50	94	11.60	558	12.98
140	155	15.47	157	14.19	129	13.01	115	11.67	556	13.59
145	147	16.45	136	14.62	136	14.12	107	13.38	526	14.64
152	143	17.81	151	15.96	159	15.04	125	14.24	578	15.76
160	121	20.76	128	18.24	174	16.88	158	15.33	581	17.80
171	114	21.80	108	20.09	152	18.45	160	17.87	534	19.55
189	69	26.28	97	22.90	110	20.70	151	21.59	427	22.87
215	26	27.44	44	26.19	74	25.59	79	25.68	223	26.23
275	3	24.10	6	23.92	8	24.75	12	27.44	29	25.05
Totals	1886		1577		1435		1220		6118	
Avg		15.01		15.17		15.51		15.63		15.29

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Body Fat by Range and Grade

	9th Grade		10th Grade		11th Grade		12th Grade		Overall	
	#	%	#	%	#	%	#	%	#	%
0-7%	143	7.58	106	6.72	70	4.88	29	2.38	348	5.69
7-10%	374	19.83	265	16.80	203	14.15	200	16.39	1042	17.03
10-15%	665	35.26	575	36.40	564	39.30	479	39.26	2283	37.32
15-20%	344	18.24	308	19.53	300	20.70	264	21.64	1214	19.84
20-25%	149	7.90	162	10.27	154	10.73	115	9.43	580	9.48
above 25%	211	11.19	161	10.21	144	10.03	133	10.90	649	10.61
	1886		1577		1435		1220		6118	

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Appeal/Waiver Summary and Girls Participation Data

Appeal Summary				
	Tank		Pod	
	#	Lower?	#	Lower?
9	0	0	0	0
10	1	1	1	0
11	2	0	0	0
12	2	1	3	1
Totals	5	2	4	1

Waiver Summary				
	Hydration		BIA	
	#	Why?	#	Why?
9	0		0	
10	1	Medical	0	
11	0		1	Medical
12	1	Medical	1	N/A
Totals	2		2	

Girls BF Breakdown		
	#	%
0-7%	0	0.00
7-10%	1	1.23
10-15%	2	2.47
15-20%	17	20.99
20-25%	25	30.86
above 25	36	44.44

Girls Participation	
103	29
112	26
119	15
125	3
130	4
135	1
140	1
145	1
152	1