



DISTRICT MEET DIRECTOR INFORMATION

Additional information available on the OSAA website, www.osaa.org/activities

PRE-DISTRICT MEET

1. **DISTRICT MEET DIRECTOR RESPONSIBILITY:** Each item below is the District Meet Director's responsibility. If you have any questions about any of these responsibilities, please contact K.T. Emerson at 503.682.6722 x227 or email kte@osaa.org.
2. **STATE CHAMPIONSHIP ENTRY FORMS: DO NOT USE LAST YEAR'S FORMS.**
NOTE: The OSAA does not require districts to submit Individual Entry Forms. Information for all individual entries is to be received through submission of your Hy-Tek Meet Manager backup. We do require submission of a Boys Relay Entry Form and a Girls Relay Entry Form. Please provide ALL information requested on each Relay Entry Form.
3. ***Please work with coaches to get USA Swimming ID numbers in the database before the meet. This is REQUIRED for any swimmers who would like their times from District Championships or State Championships to be entered into the USA Swimming times database.***

DURING DISTRICT MEET

1. NUMBER OF ENTRIES ALLOWED PER INDIVIDUAL

2022-23 NFHS Swimming Rules Book, Rule 3.2.1 – "A competitor shall be permitted to enter a maximum of four events, no more than two of which may be individual events. Prelims and finals are considered one meet."

Additional information concerning entries can be found at [Swimming Reminders and Relay Entry Timeline Memo](#).

Computer operators shall run an Exception Report following District Meet to verify that no swimmer has exceeded his/her allowed number of events. Meet referees shall verify that the computer operator does this procedure as the referee is ultimately responsible.

2. At the conclusion of the District Meet, the Official Entry Form and your Hy-Tek Meet Manager backup must be emailed to K.T. Emerson, kte@osaa.org. This email must be received by **10pm, Saturday, February 11**.

POST DISTRICT MEET

1. **STATE CHAMPIONSHIP ENTRY FORM:** It is imperative that district meet directors fill out the State Championship Entry Form with the correct information for each of the state qualifiers, relays only. At the conclusion of the District Meet, the Relay Entry Forms and the Hy-Tek Meet Manager backup shall be transmitted via email to K.T. Emerson, kte@osaa.org. This email must be received by **10pm, Saturday, February 11**.
 - A. Download the State Championship Entry Form from the OSAA website; go to the *Swimming* page.
 - B. Click on "Official Entry Form."
 - 1) Save form to your hard drive or disk as "Classification-District" Swimming (i.e., 5A-2 Midwestern League; 4A/3A/2A/1A-SPD1)
 - 2) Open the saved file and enter all information directly on each form.
 - a) Use upper and lower-case letters, the first and last names and school of each relay team qualifier. Please make sure that all names are spelled correctly, as that is the way they will be published.
 - b) Use the numerical year in school (i.e., 9, 10, 11, 12) not Fr, So, Jr, Sr.
 - c) All schools should be entered with their complete name. NO ABBREVIATIONS i.e., Hillsboro not HilHi; McLoughlin not Mac-Hi, Yamhill-Carlton not Y-C, Hood River Valley not Hood River, etc.
 - 3) Use your "TAB" key to move between cells.

- C. Check entries and accuracy of information before sending to OSAA.
- 1) Proofread the form before sending. Ensure that all names are spelled correctly and all fields are completed for each participant entry.
 - 2) Enter the number of participants, the names of the schools participating and each school's head coach and assistant coach. Enter this information in the space provided in the lower left-hand side of the entry form.
 - 3) Send as an email to kte@osaa.org no later than **10pm, Saturday, February 11**. Include Girls Relay Entry Form, Boys Relay Entry Form and Hy-Tek Meet Manager backup.
 - 4) Print a copy for your records.
- D. Para-Athlete Qualifiers - Must submit written doctor's documentation of the athlete's disability. Send as an email to kte@osaa.org no later than **10pm, Saturday, February 11**.
- E. In addition to submission of the entry forms, the OSAA requests that computer operators using Hy-Tek Meet Manager Software be provided the enclosed information for submitting district results via email.

OSAA
 25200 SW Parkway Avenue, Suite 1
 Wilsonville, OR 97070

Swimming Contact: K.T. Emerson, Assistant Executive Director
 email: kte@osaa.org.
 Office: 503.682.6722 x227

2. QUALIFICATION FOR STATE CHAMPIONSHIPS: (Excerpt 2022-23 OSAA Swimming Plan) A contestant for the State Championships shall qualify through the proper District Meet.

A. **6A:**

- 1) **Automatic Qualifiers:** First place winner in each individual and relay event at each District Meet automatically qualifies for the OSAA's State Championships.
- 2) Consolation finalists and championship finalists in individual and relay events at each District Meet who meet the qualifying standard (9th place average of last three State Meets with the standard never to be easier than the previous year) automatically qualify. Any remaining open lanes will be filled by the next fastest times from District Meet finals, up to a total of 18 participants.
- 3) **Cutoff Date: The automatic qualifiers must be determined by 10pm on Saturday, February 11.**

6A SWIMMING QUALIFYING STANDARDS

<u>GIRLS</u>	<u>Event</u>	<u>Auto</u>	<u>Manual</u>	<u>BOYS</u>	<u>Event</u>	<u>Auto</u>	<u>Manual</u>
200 Medley Relay	1	1:53.27	1:53.2	200 Medley Relay	2	1:41.18	1:41.1
200 Freestyle	3	1:57.58	1:57.5	200 Freestyle	4	1:46.89	1:46.8
200 Ind. Medley	5	2:10.55	2:10.5	200 Ind. Medley	6	1:59.25	1:59.2
50 Freestyle	7	0:24.80	0:24.8	50 Freestyle	8	0:21.93	0:21.9
100 Butterfly	9	0:59.33	0:59.3	100 Butterfly	10	0:53.08	0:53.0
100 Freestyle	11	0:53.85	0:53.8	100 Freestyle	12	0:48.18	0:48.1
500 Freestyle	13	5:17.07	5:17.0	500 Freestyle	14	4:51.98	4:51.9
200 Free Relay	15	1:42.45	1:42.4	200 Free Relay	16	1:31.38	1:31.3
100 Backstroke	17	0:58.45	0:58.4	100 Backstroke	18	0:54.65	0:54.6
100 Breaststroke	19	1:06.96	1:06.9	100 Breaststroke	20	1:00.82	1:00.8
400 Free Relay	21	3:43.56	3:43.5	400 Free Relay	22	3:19.19	3:19.1

Ties -- Districts shall settle any ties for first place in all events unless the qualifying standard is met.

B. **5A:**

- 1) **Automatic Qualifiers:** First place winner in each individual and relay event at each District Meet automatically qualifies for the OSAA's State Championships.
- 2) Any remaining open lanes will be filled by the next fastest time from District Meet Finals, up to a total of 12 participants. District shall settle any ties for first place.
- 3) **Cutoff Date: The automatic qualifiers must be determined by 10pm on Saturday, February 11.**

C. **4A/3A/2A/1A:**

- 1) **Automatic Qualifiers:** First place winner in each individual and relay event at each District Meet automatically qualifies for the OSAA's State Championships.
- 2) Any remaining open lanes will be filled by the next fastest time from District Meet Finals, up to a total of 12 participants. District shall settle any ties for first place.
- 3) **Cutoff Date: The automatic qualifiers must be determined by 10pm on Saturday, February 11.**

D. **Para-Athletes:** [\(Para-Athlete Disability Certificate\)](#)

The top nine times statewide from the different Districts Meets combined in the 50-yard freestyle, 100-yard freestyle and 100-yard backstroke automatically qualifies regardless of gender or disability if they meet the qualifying standard times. A Para-Athlete Disability Certificate must be provided to the OSAA prior to competing in the district meet. If more than nine students compete in district meets, the OSAA will explore splitting out the events by gender (creating 50-yard freestyle boys,-50-yard freestyle for girls, 100-yard freestyle for boys and 100-yard freestyle for girls, 100-yard backstroke for boys and 100-yard backstroke for girls).

- 1) The para-athlete divisions will include wheelchair participants and ambulatory participants. Definitions of athletes eligible to compete in this division are as follows:
 - a) Wheelchair: All athletes with permanent physical disability on file with the school. All athletes in grades 9-12 must meet OSAA eligibility requirements.
 - b) Ambulatory: All athletes shall have a permanent orthopedic, neuromuscular or other physical disability. This would include Visually Impaired, Cerebral Palsy, Dwarf and Amputees. Permanent orthopedic impairment shall be verified by a licensed physician and maintained on permanent file at the school. All athletes in grades 9-12 must meet OSAA eligibility requirements.
- 2) It is an expectation that those para-athletes who wish to attempt to qualify are participating in these events during the regular season and that they establish a qualifying time at the league/conference/district qualifying meet. The qualifying time established at the league/conference/district meet will be used to seed as many heats as necessary to accommodate the qualifying field for both events at the State Championships.
- 3) To facilitate training and competition for para-athletes it is recommended that all leagues/conferences/districts should include a para-athlete 50-yard freestyle, 100-yard freestyle and 100-yard backstroke in your event schedules this year. Prior to an event the host school should verify with their invited teams whether or not they have para-athletes who would like to participate in one or both of these events.
- 4) **Cutoff Date: The automatic qualifiers must be determined by 10pm on Saturday, February 11.**

PARA-ATHLETES SWIMMING QUALIFYING STANDARDS

<u>GIRLS</u>	<u>Event</u>	<u>Auto</u>	<u>Manual</u>	<u>BOYS</u>	<u>Event</u>	<u>Auto</u>	<u>Manual</u>
50 Freestyle		1:45	1:45	50 Freestyle		1:30	1:30
100 Freestyle		3:00	3:00	100 Freestyle		2:30	2:30
100 Backstroke		3:15	3:15	100 Backstroke		2:45	2:45

3. PRE-STATE CHAMPIONSHIP POSTINGS

- A. The state championship meet will be seeded at the OSAA office on Sunday, February 12 and all entries will be posted on the website by 6pm.
 - 1) District Meet Directors AND coaches of qualifying swimmers are responsible for checking the accuracy of the entry information, including correct spelling.
 - 2) Check all entries for correct spelling of participant's name, year in school, school name, etc., as this information will appear the same way on the heat sheets unless corrected.
- B. Follow these instructions to check your district's / school's entry information:
 - 1) Access the OSAA website, www.osaa.org/swimming
 - 2) Go to "Qualifiers by Event" and click on your classification.

4. CORRECTIONS ONLY: (spelling, grade, school, etc.) Corrections shall be emailed to K.T. Emerson, kte@osaa.org.

5. **STATE CHAMPIONSHIPS – INDIVIDUAL SPORT SUBSTITUTIONS** (OSAA Handbook, Executive Board Policies) (Revised Winter 2015)

A. The following shall be the policy for substitutions in individual sport State Championship events. All individuals who are substitutes for individual qualifiers must have participated in a District or Special District Meet.

B. **Swimming**

1) **Multiple Event Qualifiers and Relays.** This deadline is for a participant withdrawing from the championship in one event but remaining in others and for submission of up to **eight** names for a relay team.

a) **Multiple Event Qualifiers:** Except as indicated below, participants who qualify in more than one event shall participate in all the events for which they qualify from preliminaries to finals.

(1) If a District Meet Director notifies the OSAA of a change prior to 4pm on the Monday (**February 13, 2023**) preceding the state championship, an individual may drop from one or more events in which they are qualified. The next place winner at the District Meet in the respective event or events is eligible as a substitute if replacing the district champion. If not, the individual(s) with the next best time will be the replacement(s).

(2) If the OSAA has not been notified of a change prior to 4pm on the Monday (**February 13, 2023**) preceding the state championship, the participant who has qualified in multiple events must compete in all qualified events or they shall be scratched from all events in which the participant has qualified.

b) **Relay Event Entries:** Qualifying teams may enter the names of up to **eight** individuals in relay events.

(1) Qualifying relay teams failing to enter **eight** individuals may not add individuals to the state championship meet after the established Monday deadline.

(2) Any four of the listed individuals may compete and it shall count as an event only for the four who compete. It is not necessary to use the same four swimmers in the finals that participated in the preliminaries, but any substitution must already be entered into the meet.

2) **Single or Multiple Event Qualifiers Dropping All Events or Substitutions only on Relays.** This deadline is for a participant dropping out of the state championship and being replaced by another participant or participants.

a) If a District Meet Director notifies the OSAA by 4pm two business days prior to the first day of the state championship (**February 15, 2023**) that a single event or multiple event qualifier is dropping all events, a substitution or substitutions may be made.

b) The next place winner at the District Meet in the respective event or events is eligible as a substitute if replacing the district champion. If not, the individual(s) with the next best time will be the replacement(s).

6. **WITHDRAWAL DURING A COMPETITION** (OSAA Handbook, Executive Board Policies)

A. Removal of a team from competition prior to completion of that competition shall be considered a gross act of unsportsmanlike conduct.

C. In such a case, the school shall forfeit the contest and an administrator and the coach responsible for the action shall appear before the Executive Board at its next regularly scheduled meeting. See **Executive Board Policies, Withdrawal from State Championships** for additional information.



OSAA / OnPoint Community Credit Union
2023 SWIMMING STATE CHAMPIONSHIPS
 February 17-18, 2023 Tualatin Hills Aquatic Center
 15707 SW Walker Road, Beaverton, OR 97006



2023 OSAA TIME STANDARDS

#	Event Name	6A Qualifying Standard - AUTO	6A Qualifying Standard - MANUAL	All American Automatic	All American Consideration	4A/3A/2A/1A State Record	5A State Record	6A State Record	OSAA State Record	NISCA National Record
1	Girls 200 Medley Relay	01:53.27	01:53.2	01:44.25	01:46.16	01:47.23	01:48.48	01:44.23	01:44.23	01:38.13
2	Boys 200 Medley Relay	01:41.18	01:41.1	01:32.90	01:34.48	01:38.04	01:37.50	01:33.42	01:33.42	01:27.74
3	Girls 200 Freestyle	01:57.58	01:57.5	01:48.76	01:50.56	01:50.29	01:47.96	01:48.41	01:47.96	01:41.55
4	Boys 200 Freestyle	01:46.89	01:46.8	01:38.42	01:40.06	01:41.71	01:39.98	01:37.27	01:37.27	01:33.06
5	Girls 200 Ind. Medley	02:10.55	02:10.5	02:01.46	02:03.55	02:04.93	02:04.99	01:58.95	01:58.95	01:53.73
6	Boys 200 Ind. Medley	01:59.25	01:59.2	01:49.41	01:51.52	01:50.43	01:49.60	01:48.01	01:48.01	01:41.39
7	Girls 50 Freestyle	00:24.80	00:24.8	00:23.17	00:23.53	00:23.09	00:22.96	00:22.30	00:22.30	00:21.59
8	Boys 50 Freestyle	00:21.93	00:21.9	00:20.49	00:20.87	00:20.48	00:20.18	00:20.32	00:20.18	00:19.11
9	Girls 100 Butterfly	00:59.33	00:59.3	00:54.39	00:55.48	00:54.03	00:55.86	00:53.13	00:53.13	00:49.95
10	Boys 100 Butterfly	00:53.08	00:53.0	00:48.72	00:49.77	00:49.52	00:47.63	00:47.90	00:47.63	00:45.47
11	Girls 100 Freestyle	00:53.85	00:53.8	00:50.17	00:51.00	00:49.81	00:49.83	00:49.46	00:49.46	00:46.98
12	Boys 100 Freestyle	00:48.18	00:48.1	00:44.86	00:45.67	00:45.24	00:45.57	00:43.70	00:43.70	00:42.34
13	Girls 500 Freestyle	05:17.07	05:17.0	04:52.54	04:57.06	04:58.58	04:54.37	04:52.91	04:47.34	04:26.58
14	Boys 500 Freestyle	04:51.98	04:51.9	04:28.76	04:33.05	04:34.51	04:27.41	04:25.21	04:25.21	04:12.87
15	Girls 200 Freestyle Relay	01:42.45	01:42.4	01:35.33	01:36.73	01:39.65	01:38.97	01:34.54	01:34.54	01:30.72
16	Boys 200 Freestyle Relay	01:31.38	01:31.3	01:24.50	01:25.77	01:29.01	01:28.23	01:25.00	01:25.00	01:19.27
17	Girls 100 Backstroke	00:58.45	00:58.4	00:54.75	00:55.83	00:56.49	00:54.91	00:53.71	00:53.71	00:50.89
18	Boys 100 Backstroke	00:54.65	00:54.6	00:49.09	00:50.24	00:51.09	00:47.45	00:48.53	00:47.45	00:45.34
19	Girls 100 Breaststroke	01:06.96	01:06.9	01:02.58	01:03.75	01:02.60	01:02.73	00:58.35	00:58.35	00:58.35
20	Boys 100 Breaststroke	01:00.82	01:00.8	00:55.65	00:56.83	00:58.50	00:56.22	00:55.40	00:55.40	00:51.16
21	Girls 400 Freestyle Relay	03:43.56	03:43.5	03:27.49	03:30.90	03:36.55	03:34.63	03:24.98	03:24.98	03:15.38
22	Boys 400 Freestyle Relay	03:19.19	03:19.1	03:05.78	03:08.49	03:15.49	03:13.05	03:07.67	03:07.67	02:53.81

2023 SWIMMING DISTRICT MEET DIRECTORS

Updated: 2/8/2023

HIGHLIGHTED INFORMATION has NOT been verified.

If there are any changes or corrections that need to be made to the information listed below please email them to Kathi, kathif@osaa.org.
PLEASE IDENTIFY YOUR CLASSIFICATION & DISTRICT.

District	League Name	Date	Site	AD / Meet Manager	Host School	AD Work Phone	AD / Meet Manager E-mail
6A-1	PIL	Feb. 10-11	Matt Dishman Pool	Gina Aman, PIL Athletics, Meet Manager	PIL Athletics	503.916.3223	gaman@pps.net
6A-2	METRO	Feb. 10-11	Tualatin Hills Aquatic Center	Bill Volk, AD Galvin Lin, Meet Director	Aloha HS	503.356.2774	william_volk@beaverton.k12.or.us meetdirectors@thunderboltswimming.org
6A-3	PACIFIC	Feb. 10-11	McMinnville Aquatic Center	Ryan McIrvin, AD	McMinnville HS	503.565.4204	rmdirvh@msd.k12.or.us
6A-4	MT HOOD	Feb. 10-11	David Douglas Aquatic Center	Ty Gomrowski, AD Bobby DeRoest, Meet Director	Gresham HS	503.674.5520	gonrowski@gresham.k12.or.us coachbobbydeac@gmail.com
6A-5	THREE RIVERS	Feb. 10-11	Chehalam Aquatic Center	Ted Rose, AD Andrew Juckman, Meet Director	Tualatin HS	503.431.5661	trose@ttsd.k12.or.us
6A-6	CENTRAL VALLEY	Feb. 9-10	Kroc Swim Center	Wendy Stradley, AD Debbie Johnson, Meet Director	West Salem HS	503.399.5533	stradley_wendy@salhe.k12.or.us daleeb2000@aol.com
6A-7	SOUTHWEST	Feb. 10-11	Williamalane Swim Center	Ricky Rodriguez, AD Chas Esping, Meet Director	Sheldon HS	541.790.6650	rodriguez_r@dj.lane.edu meetdirector@teameugene.org
5A-1	NORTHWEST OREGON	Feb. 10-11	Parkrose HS	Ben Winegar, AD Carrie Lawler, Meet Director	Parkrose HS Canby HS	503.263.7204	ben.winegar@canby.k12.or.us carrielawler001@gmail.com
5A-2	MIDWESTERN	Feb. 10-11	Williamalane Swim Center	Corey Nicholasen, AD Chas Esping, Meet Director	North Eugene HS	541.790.4507	nicholsen@4j.lane.edu meetdirector@teameugene.org
5A-3	MID-WILLAMETTE	Feb. 10-11	Osborn Aquatic Center	Salvador Munoz, AD Jacki Allender, Meet Director	Corvallis HS	541.757.5920	salvador.munoz@corvallis.k12.or.us jacki.allender@gmail.com
5A-4	INTERMOUNTAIN	Feb. 10-11	Juniper Swim & Fitness Center, Bend	Lowell Norby, AD Lynnette Konop, Meet Director	Bend HS	541.355.3802	lowell.norby@bend.k12.or.us lynnette.konop@redmondschools.org
4A/3A/2A/1A-SD1	SPECIAL DISTRICT 1	Feb. 10-11	Veteran's Memorial Pool	Darren Goodman, AD Beth Koza, Meet Director Tatiana Ricker, Admin Official	La Grande HS	541.663.3305	darren.goodman@lagrandeesd.org bkoza71@gmail.com tatarick27@gmail.com
4A/3A/2A/1A-SD2	SPECIAL DISTRICT 2	Feb. 10-11	Warren H. Daugherty Aquatic Center - Cottage Grove	Garrett Bridgens, AD Josh Norton, Aquatic Director Rhonda Reed, Meet Director	Cottage Grove HS	541.942.3391 x2158	garrett.bridgens@slane.k12.or.us Joshus.Norton@slane.k12.or.us cgalmmeetdirector@gmail.com
4A/3A/2A/1A-SD3	SPECIAL DISTRICT 3	Feb. 10-11	Newport Aquatic Center / Newport Recreation Center	Shelley Moore, AD Shayna Swanson, Meet Director	Newport HS	541.265.9281	shelley.moore@lincoln.k12.or.us shaynaswanson@gmail.com
4A/3A/2A/1A-SD4	SPECIAL DISTRICT 4	Feb. 10-11	South Albany Pool	Dan Tow, AD Ajay Bronson, Meet Director	Sweet Home HS	541.367.7144	dan.tow@sweethome.k12.or.us ajay.bronson@sweethome.k12.or.us

**OSAA / OnPoint Community Credit Union Swimming District Meet
Public Address Script**

Good afternoon/evening and welcome to today's/tonight's _____ Swimming District Meet.

NATIONAL ANTHEM

Ladies and Gentlemen, we now ask that you please stand and remove your hats as we honor America with the playing our National Anthem.

SPORTSMANSHIP (REQUIRED)

Each of us is here to either compete in a sporting event, or to support those who are. An event in which the rules apply equally to everyone, designed to ensure fair competition, encourage sportsmanship, and bring out the best in each participant. We are here to share our support — for our students, our community, and for each other. And to create an environment of SAFETY, TOLERANCE, ACCEPTANCE and RESPECT. We call it being a STAR. Learn what it takes to be a STAR at O-S-A-A dot org slash equity.

As participants, coaches, fans, friends, and parents, we now have our own rules. Designed to ensure and encourage an atmosphere of SAFETY, TOLERANCE, ACCEPTANCE and RESPECT for all of us. We call it being a STAR, and it means not threatening or ridiculing anyone in attendance based on their race, gender, age, color, national origin, ethnicity, disability, sexual orientation or religion. Learn what it takes to be a STAR at O-S-A-A dot org slash equity.

OSAA SPONSOR ANNOUNCEMENTS

Sponsor announcements are for use during breaks in the action and can be read more than once.

1. Visit OSAA dot org for complete results from this year's Swimming State Championships. Complete results from each classification will be posted later this evening. You can also find year-by-year results from past Swimming state championships and links to Swimming souvenirs. That's OSAA dot org.
2. OnPoint Community Credit Union is a proud sponsor of the OSAA State Championship. OnPoint is Oregon's largest locally headquartered credit union – serving more than 500,000 members. Federally insured by NCUA. Equal housing opportunity.
3. Stay connected to your favorite team with the OSAA Live mobile app. OSAA Live features the latest scores, schedules and rankings for all teams and leagues across Oregon. Purchase State Championship tickets. Access OSAA State Championship programs. Read the latest prep news and information. Search OSAA Live in the App Store or on Google Play to download today.
4. Purchase your official State Championships merchandise at OSAA store dot com. With RushTeamApparel, the exclusive merchandise partner of the OSAA, you have more options! Customize your gear with your school name, a student-athlete name, event decals, and more! Nike products are now also available. Browse the selection of official State Championships merchandise at OSAA store dot com.
5. Each of us is here to either compete in a sporting event, or to support those who are. An event in which the rules apply equally to everyone, designed to ensure fair competition, encourage sportsmanship, and bring out the best in each participant. We are here to share our support — for our students, our community, and for each other. And to create an environment of SAFETY, TOLERANCE, ACCEPTANCE and RESPECT. We call it being a STAR. Learn what it takes to be a STAR at O-S-A-A dot org slash equity.
6. Your local Toyota Dealers are proud to support the OSAA, it's member schools, and the thousands of students competing each and every day. Toyota is the official automobile of the OSAA. Toyota dot com.
7. For in-depth coverage of high school activities across the state, OSAA today is the answer. OSAA today has the latest news, stories, coaches polls and more. OSAA today features stories from around the state. Also, be sure to subscribe to the OSAA today Podcast wherever you get your podcasts! Visit OSAA dot org slash today!

8. A sponsor of OSAA State Championships, OnPoint provides our local communities with the banking and lending solutions they need to get ahead. Federally insured by NCUA. Equal housing opportunity.
9. Moda Health is a proud sponsor of O-S-A-A events because students who discover their strength through sports grow into healthy adults. At Moda Health we believe better health is a team sport. Experience Better.
10. High school students deserve the right to participate in sports and activities – the problem is that not every student or their family can afford the costs associated. The OSAA Foundation Student Assistance Program is here to help breakdown those barriers to allow students to learn the life long lessons you receive from participating. Visit [o-s-a-a foundation dot org](http://o-s-a-a-foundation.org) to find out how you can help.
11. Black Bear Diner, the OSAA's official family restaurant, where community connection and good food matter would like to celebrate and congratulate our athletes and families here today. When you're done here, be sure to feed your inner bear with huge portions of comfort food classics for breakfast, lunch and dinner! There's something for everyone at black bear diner. Dine in or order online for carryout or delivery at blackbeardiner.com.
12. For over forty-five years, Pacific Office Automation has remained locally owned and operated. They support the community and people and places that matter. That's why they continue to sponsor the OSAA year after year. To learn more, visit [Pacific Office dot com](http://PacificOffice.com). Pacific Office Automation – Problem Solved.
13. Nike is a proud sponsor of the OSAA Swimming State Championships. Visit them online at [nike dot com](http://nike.com) to see the latest in Nike gear.
14. As participants, coaches, fans, friends, and parents, we now have our own rules. Designed to ensure and encourage an atmosphere of SAFETY, TOLERANCE, ACCEPTANCE and RESPECT for all of us. We call it being a STAR, and it means not threatening or ridiculing anyone in attendance based on their race, gender, age, color, national origin, ethnicity, disability, sexual orientation or religion. Learn what it takes to be a STAR at [O-S-A-A dot org slash equity](http://O-S-A-A.org/slash/equity).
15. The Army is a proud sponsor of the OSAA. With more the 150 career opportunities and money for college find out how you can be a part of a winning team. Learn more at [go army dot com slash OSAA](http://goarmy.com/slash/OSAA). The U.S. Army...National Champs since 1775.
16. Want to stay in shape, be involved in a sport you love and earn money in the process? Become an athletic official! We need more Baseball and Softball umpires for this Spring. Visit [OSAA-dot-org backslash officials](http://OSAA-dot-org/backslash/officials) for more information and to get registered.
17. Jostens is the official championship ring of the OSAA. You earned it! Your determination and hard work have made you a champion. Whether you're an individual champion or part of a team, you can wear your Champion Ring proudly for everyone to see - especially those who encouraged you along the way.
18. The team at rSchoolToday is proud to be partners of the OSAA. With its \$40 Million Dollar Dash initiative, rSchoolToday is striving to help schools in Oregon provide the best opportunities for every youth athlete and never worry about a budget again. Want to help? Find your school at donate.rschoolday.com, make a pledge, and earn rewards for your athlete. Rewards include college recruiting tools, academic eligibility reporting, discounts at retailers, and even free food. Show your support for high school athletics in Oregon! Get started at donate.rschoolday.com.
19. How will you pay for college or trade school? The high cost of tuition, fees, books, and housing are some of the main reasons why students fail to achieve their education goals. As a high school senior or junior, you're eligible to join the Oregon Army National Guard and receive 100% tuition assistance to attend college or trade school. In the Oregon Guard, you'll also get paid for on-the-job training and you'll start a meaningful part-time career. To schedule an interview and learn more about local opportunities, text keyword: TEAM to 844-773-7575. Again. Text keyword: T-E-A-M to phone number: 8-4-4-7-7-3-7-5-7-5.

END OF MATCH ANNOUNCEMENT

The OSAA and title sponsor OnPoint Community Credit Union thanks you for your support of high school activities. The Swimming State Championship is February 17-18 at Tualatin Hills Aquatic Center in Beaverton. Visit [OSAA dot org](http://OSAA.org) for event information and to purchase tickets. Visit [OSAA store dot com](http://OSAAstore.com) to order official OSAA Swimming State Championships merchandise. Please drive home safely.