

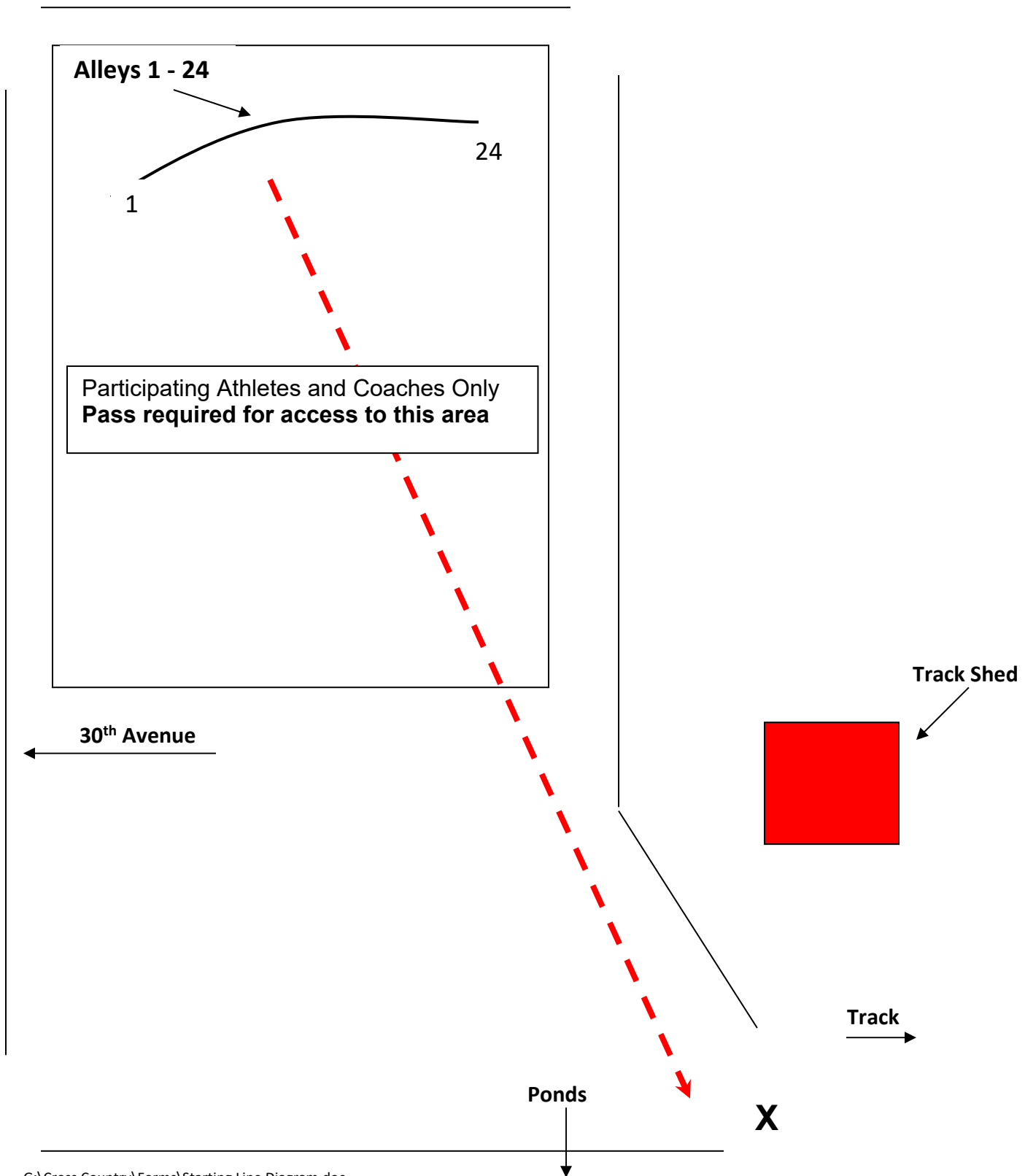


OSAA / OnPoint Community Credit Union
2022 CROSS COUNTRY STATE CHAMPIONSHIPS

November 5, 2022
Lane Community College
4000 E 30th Avenue, Eugene, OR 97405



STARTING LINE CONFIGURATION DIAGRAM





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STARTING LINE PROCEDURES / AUDIO-VISUAL START

Coaches – Please review the following instructions with your coaching staff and athletes prior to the race.

Once the teams have been called to the starting line by the starter for final instructions, no further run-outs shall be permitted.

Procedures –

1. A five-minute warning horn will be sounded prior to the start.
2. After runners report, the recall starters will give a brief and concise review of the starting commands and procedures to be used with competitors immediately before the start.
3. The starter will hold the starting device and red flag parallel to the ground and give a long blast on the whistle. This is the signal for the runners to step up to, but not touch the starting line and become motionless.
4. The starter slowly raises both arms overhead. When all runners are set and motionless and the recall starters signal with a white flag, the starting device is fired and at the same time, the red flag is motioned downward, indicating the start of the race.
5. The runners are observed for 100 meters for any reason to recall the race that would constitute an unfair start.

Chute Assignments

3A/2A/1A GIRLS

Chute #	Team
4	Heppner
5	Kennedy
6	Individuals
	Banks (1)
	Regis (1)
	Taft (1)
7	Valley Catholic
8	Enterprise
9	Pleasant Hill
10	Santiam Christian
11	Individuals
	Coquille (1)
	Santiam (1)
	Vale (1)
	Vernonia (1)
12	Siuslaw
13	Burns
14	Central Linn
15	Oregon Episcopal
16	Union
17	Individuals
	La Pine (1)
	Scio (1)
	St. Mary's (1)
18	Sisters
19	Individuals
	East Linn Christian (1)
	Nestucca (1)
	Western Christian (1)
20	St. Stephen's Academy
21	Bandon

2A/1A BOYS

Chute #	Team
6	Monroe
7	Country Christian
8	Individuals
	Reedsport (1)
	Central Linn (1)
	North Douglas (1)
	Weston-McEwen (1)
9	Bandon
10	St. Stephens Academy
11	Individuals
	Pine Eagle (1)
	Gold Beach (1)
	Kennedy (1)
	Triangle Lake (1)
12	Union
13	Stanfield/Echo
14	Western Christian
15	Heppner
16	Knappa
17	Individuals
	Blanchet Catholic (1)
	Illinois Valley (1)
	Mohawk (1)
18	Pacific

3A BOYS

Chute #	Team
6	Valley Catholic
7	Westside Christian
8	Sisters
9	St. Marys
10	Harrisburg
11	Individuals
	Glide (1)
	Amity (1)
	Vale (1)
12	Burns
13	Individuals
	LaPine (1)
	Yamhill-Carlton (1)
14	Oregon Episcopal
15	Santiam Christian
16	Banks
17	Taft
18	Enterprise
19	Siuslaw

4A Chute Assignments

4A GIRLS

Chute #	Team
5	Cottage Grove
6	Philomath
7	Baker
8	Tillamook
9	Klamath Union
10	The Dalles
11	Individuals
	Astoria (2)
	Hidden Valley (1)
	Pendleton (1)
12	Crook County
13	Scappoose
14	Stayton
15	Junction City
16	Individuals
	North Bend (2)
	Cascade (1)
	Marist Catholic (1)
17	Molalla
18	Individuals
	Seaside (2)
	Madras (1)
	Phoenix (1)
19	La Grande
20	Henley

4A BOYS

Chute #	Chute #
5	Cascade
6	Individuals
	Henley (2)
	Newport (1)
	Pendleton (1)
7	Baker
8	Scappoose
9	The Dalles
10	Marshfield
11	Individuals
	Mazama (1)
	St. Helens (2)
	Phoenix (1)
12	Hidden Valley
13	Philomath
14	Astoria
15	Crook County
16	Marist
17	LaGrande
18	Klamath Union
19	Cottage Grove

5A Chute Assignments

5A GIRLS

Chute #	Team
6	Bend
7	Corvallis
8	La Salle Prep
9	Crater
10	Hood River Valley
11	Wilsonville
12	Churchill
13	Summit
14	Silverton
15	Dallas
16	Individuals
	Caldera (1)
	North Eugene (1)
	Thurston (1)
17	Ashland
18	Crescent Valley
19	Putnam

5A BOYS

Chute #	Team
5	Crescent Valley
6	Ashland
7	Crater
8	Springfield
9	Individuals
	Caldera (1)
	Milwaukie (1)
	Silverton (1)
10	Hood River Valley
11	Summit
12	Corvallis
13	Churchill
14	Wilsonville
15	Mountain View
16	Individuals
	Central (1)
	Parkrose (1)
	Ridgeview (1)
17	South Albany
18	Bend
19	Canby

6A Chute Assignments

6A GIRLS

Chute #	Team
1	Franklin
2	Central Catholic
3	West Linn
4	Individuals
	Glencoe (3)
	North Medford (3)
5	Grant
6	Individuals
	Oregon City (1)
	Barlow (2)
	North Salem (1)
	Tualatin (1)
7	Sherwood
8	Roseburg
9	Sunset
10	Individuals
	St. Mary's Academy (2)
	Sheldon (2)
	Nelson (1)
11	South Salem
12	Lakeridge
13	South Eugene
14	McMinnville
15	Individuals
	Westview (1)
	Sandy (2)
	McNary (1)
	Southridge (1)
16	Lincoln
17	Lake Oswego
18	Individuals
	Newberg (3)
	Sprague (2)
19	West Salem
20	Ida B. Wells
21	Jesuit
22	Individuals
	Mountainside (2)
	Cleveland (2)
	Liberty (1)
23	Tigard
24	Clackamas

6A BOYS

Chute #	Team
1	Cleveland
2	Individuals
	West Linn (2)
	Barlow (2)
	Reynolds (1)
3	Lincoln
4	Glencoe
5	Individuals
	Southridge (1)
	McNary (2)
	Sherwood (2)
6	McMinnville
7	Clackamas
8	Sprague
9	Jesuit
10	Individuals
	Beaverton (1)
	Forest Grove (1)
	South Medford (2)
11	Sheldon
12	Tualatin
13	South Eugene
14	Lakeridge
15	Individuals
	Tigard (2)
	South Salem (2)
	Century (1)
16	Sunset
17	West Salem
18	Mountainside
19	Central Catholic
20	Individuals
	Lake Oswego (1)
	Oregon City (1)
	Roosevelt (1)
	Roseburg (2)
21	Franklin
22	Individuals
	Westview (1)
	Nelson (2)
	Grants Pass (2)
23	Newberg
24	Ida B. Wells