



Oregon School Activities Association

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SPORTS MEDICINE ADVISORY COMMITTEE

Wednesday, February 5, 2025 | 6:30pm | Via Zoom

MINUTES

1. Welcome and Introductions

Attending – Mick Koester, Brad Adams, Robert Bents, James Chesnutt, Erin Cramer, Scott Gragg, Marlee Hansen, Sam Johnson, Shelly Jones, Sara Murdick, Marc Norcross, Ryan Rockwood, David Sarmiento, Dave Hood, Rob Younger, Chris Knudsen, Kelly Foster, Peter Weber

2. Committee Roster – Review and Update

3. Review minutes of September 10, 2024, meeting – *Approved by vote of the committee.*

4. Old Business

a. Traumatic Brain Injury & Youth Awareness Campaign Workgroup Update

The workgroup has focused on the development and awareness of a traumatic brain injury and youth awareness campaign. The group discussed the morphing of the campaign's purpose from raising awareness of immediate accommodations to providing more guidance to schools on handling head injuries.

5. New Business

a. Football Guardian Cap (attachment)

A national study showed that the Guardian Cap had no significant effect on concussion or injury risk in high schools. The group also discussed the widespread use of the Guardian Cap in other states, despite the lack of evidence supporting its effectiveness.

b. KSI/Team Up for Sports Safety

Peter and Kelly discussed the upcoming meeting with KSI, a sports medicine organization, scheduled for October 7th. The meeting aims to bring together stakeholders to discuss policy issues related to catastrophic injuries. Save the Date and invitations will be sent out this Spring.

c. Wrestling Weight Monitoring Program

Kelly brought up the weight management program for wrestling and expressed a need to update it, suggesting some potential tweaks. Peter proposed forming a subcommittee to review the weight monitoring policy and potential changes, with a focus on wrestling. Members to include Kelly, David, Shelly, Preston and OACA.

d. Legislation Update – Peter to work with OSAA's lobbyist to track this legislation and propose amendments where necessary.

1) HB 2529 – Requires AEDs and CERP for Schools (attachment)

HB 2529 was discussed, with concerns raised about the potential lack of funding and concerns about the requirement of having an AED within 3 minutes at every potential facility.

2) SB 910 – Cardiac Events Training (attachment)

HB 910 dealing with training requirements for coaches, was also discussed, with concerns raised about the

potential burden on coaches and the unclear definition of a "qualified healthcare provider."

3) HB 3007 – Requires Brain Injury Form (attachment)

HB 3007 addressing traumatic brain injury and acquired brain injury, was also discussed, with concerns raised about the unclear definition of "acquired brain injury" and the potential impact on special education.

e. NFHS SMAC Update

Shelly Jones presented that the NFHS SMAC is looking at increasing the minimum bodyfat percentage for girls wrestling that would require physician's clearance. NFHS also continues to discuss RIO and mouthguards.

f. Concussion – Return to Participation Form (attachment)

The committee discussed the implementation of a new concussion return participation form. They also discussed the importance of progressing through stages of physical activity despite mild symptoms, with the aim of improving recovery time. It was suggested that the form could include a line stating that it's okay to progress to level 2 even with mild symptoms. Shelly agreed to add some bolded language to the form and send it out for review to the group.

6. Committee Member Topics / Discussion

Committee discussed the need for calibration and lifespan checks of the Purple Air sensors for air quality monitoring.

7. Winter State Championships Coverage

Cheerleading	Fri.-Sat., Feb. 14-15	Oregon City HS
Swimming	Fri.-Sat., Feb. 21-22	Tualatin Hill Aquatic Center (Beaverton)
Wrestling	Thur.-Sat., Feb. 27-Mar. 1	Veterans Memorial Coliseum (Portland)
1A, 2A, 3A Basketball	Wed.-Sat., Mar. 5-8	Baker City, Pendleton, Coos Bay
4A, 5A, 6A Basketball	Wed.-Sat., Mar. 12-15	Forest Grove, McMinnville, Portland
Dance/Drill	Fri.-Sat., Mar. 21-22	Salem Pavilion

8. Future Meeting Dates – April 29