



Oregon School Activities Association

25200 SW Parkway Avenue, Suite 1
Wilsonville, OR 97070
503.682.6722 <http://www.osaa.org>



SPORTS MEDICINE ADVISORY COMMITTEE

Tuesday, September 9, 2025 | 6:30pm | Gamberetti's (Salem)

MINUTES

1. Welcome and Introductions

OSAA will send out VIP passes to SMAC members after confirming addresses.

2. Committee Roster – Review and Update (attachment)

In attendance - Mick Koester, Mark Boren, Marlee Hansen, Erin Cramer, Sam Johnson, Shelly Jones, Preston Chadwick, Marc Norcross, Rob Younger, Chris Knudsen, Scott Gragg, Peter Weber, Kelly Foster.

3. Review minutes of April 29, 2025, meeting (attachment)

4. Old Business

a. Pre-Event Safety Timeout (attachment)

Kelly Foster and Peter Weber presented the continued campaign of schools hosting a Pre-Event Safety Timeout prior to each contest. This will be a continued emphasis from the OSAA, OACA, OADA, and OATS this school year via a regular campaign.

b. Traumatic Brain Injury & Youth Awareness Campaign Workgroup Update

Sam Johnson updated the group on the most recent workgroup focus on one-pagers for schools, especially those without access to athletic trainers. We will send the current draft one-page out to the SMAC. Discussion occurred on the potential to replace the current OSAA Return to Learn form with the new ITAP form. There was support for doing this and keeping the Return to Participation as is.

c. House Bill 3007

Peter Weber and Sam Johnson update the committee on House Bill 3007 that was signed into law to be implemented for the 2025-26 school year. This bill requires updates to the Return to Learn protocol that schools have in place including an Immediate and Temporary Accommodation Plan in defined timelines.

Peter shared the updates that the OSAA Executive Board made to the OSAA Concussion Protocol Board Policy to include reference to main parts of HB 3007. Committee would like the OSAA to send out resources to member schools.

d. Wet Bulb Globe Thermometer / Heat Index Policy

Sam Johnson updated the committee on the second year of the WBGT study that is taking place across the state. More information to come at next meeting.

Committee would like to form a sub-committee to review the current OSAA Heat Index Policy and Synthetic Field Turf Guidance for possible updates. They would also like to consider contest considerations. Sub-committee to include Erin, Marc, Shelly, Marlee, and Peter.

e. KSI/Team Up for Safety Meeting

Kelly and Peter are meeting with Rebecca from KSI on Thursday. SMAC members were interested in seeing the draft agenda to provide feedback. There will be a dinner on Monday, October 6 and an all-day meeting on Tuesday, October 7 (OSAA office). Kelly will reach out to the SMAC following the Thursday meeting.

- f. Wrestling WMP Changes (attachment)
Kelly presented the approved changes to the Oregon Wrestling Weight Management Plan to the committee which includes updates to the two-pound growth allowance. The committee supports creating a best practices/points of emphasis guide for coaches and officials on skin checks and the required use of the skin check form at contests. It was suggested to send BIA Training information to OATS members too.

5. New Business

- a. 2025-26 OSAA SMAC Reminders (attachment)
Kelly reviewed the information shared with schools prior to the start of the year regarding sports medicine reminders.
- b. NFHS SMAC Update (attachment)
Shelley indicated that their next meeting is set for October, and she'll be able to share out at our November meeting.

6. Committee Member Topics / Discussion

Sam Johnson indicated OATS is working to have its members included in the list of Qualified Healthcare Professionals.

7. Fall State Championships Coverage

Cross Country	Saturday, Nov. 8	Lane Community College (Eugene)
6A, 5A Volleyball	Friday-Saturday, Nov. 7-8	Forest Grove HS
4A Volleyball	Friday-Saturday, Nov. 7-8	North Bend HS
3A Volleyball	Friday-Saturday, Nov. 7-8	Marshfield HS (Coos Bay)
2A, 1A Volleyball	Friday-Saturday, Nov. 7-8	Eastern Oregon University / La Grande HS
6A, 5A Soccer	Saturday, Nov. 15	Hillsboro Stadium
4A/3A/2A/1A Soccer	Saturday, Nov. 15	Liberty HS (Hillsboro)
Football	Friday-Saturday, Nov. 21-22	Various Sites
Football	Friday-Saturday, Nov. 28-29	Various Sites

8. Future Meeting Dates –

Next meeting will be via Zoom in early November.