

2025 OSAA/OnPoint Community Credit Union Track and Field State Championships

Presented by NIKE

Starting Heights and Increments



6A Boys High Jump

Start at 1.86 m, 5 cm increments to 1.91 m; 3 cm increments thereafter

6A Boys Pole Vault

Start at 3.79 m; 15 cm increments to 4.09 m; 7 cm increments thereafter

6A Girls High Jump

Start at 1.52 m, 5 cm increments to 1.57 m; 3 cm increments thereafter

6A Girls Pole Vault

Start at 3.16 m; 15 cm increments to 3.46 m; 7 cm increments thereafter

5A Boys High Jump

Start at 1.79 m, 5 cm increments to 1.84 m; 3 cm increments thereafter

5A Boys Pole Vault

Start at 3.83 m; 15 cm increments to 4.13 m; 7 cm increments thereafter

5A Girls High Jump

Start at 1.48 m, 3 cm increments thereafter

5A Girls Pole Vault

Start at 2.65 m; 15 cm increments to 3.10 m; 7 cm increments thereafter

4A Boys High Jump

Start at 1.79 m, 5 cm increments to 1.84 m; 3 cm increments thereafter

4A Boys Pole Vault

Start at 3.30 m; 15 cm increments to 3.90 m; 7 cm increments thereafter

4A Girls High Jump

Start at 1.48 m, 5 cm increments to 1.53 m; 3 cm increments thereafter

4A Girls Pole Vault

Start at 2.39 m; 15 cm increments to 2.69 m; 7 cm increments thereafter

3A Boys High Jump

Start at 1.76 m, 5 cm increments to 1.81 m; 3 cm increments thereafter

3A Boys Pole Vault

Start at 3.51 m; 15 cm increments to 3.81 m; 7 cm increments thereafter

3A Girls High Jump

Start at 1.45 m, 3 cm increments thereafter

3A Girls Pole Vault

Start at 2.56 m; 15 cm increments to 2.86 m; 7 cm increments thereafter

2A Boys High Jump

Start at 1.76 m, 3 cm increments thereafter

2A Boys Pole Vault

Start at 3.48 m; 7 cm increments thereafter

2A Girls High Jump

Start at 1.42m, 3 cm increments thereafter

2A Girls Pole Vault

Start at 2.37 m; 7 cm increments thereafter

1A Boys High Jump

Start at 1.73 m; 3 cm increments thereafter

1A Boys Pole Vault

Start at 3.31 m; 15 cm increments to 3.61 m; 7 cm increments thereafter

1A Girls High Jump

Start at 1.42 m; 3 cm increments thereafter

1A Girls Pole Vault

Start at 2.46 m; 7 cm increments thereafter