

OSAA Girls Track & Field Championships

4A Individual State Champions Through 2006

1968	Sherry Wells, Siuslaw	2:18.8
1969	Sherry Wells, Thurston	2:20.0
1970	Sherry Wells, Thurston	2:19.4
1971	Debbie Roth, Churchill	2:21.5
1972	Debbie Roth, Churchill	2:16.6
1973	Pat Reed, Wilson	2:19.1
1974	Dale Ramsey, Cottage Grove	2:20.5
1975	Robin Baker, South Eugene	2:16.32
1976	Ellen Schmidt, West Albany	2:13.28
1977	Teri Wierson, Sunset	2:13.43

ONE MILE RUN

1968	Linda Mayfield, Illinois Valley	5:27.9
1969	Sherry Wells, Thurston	5:29.7
1970	Carolyn Walker, Grant	5:22.5
1971	Debbie Roth, Churchill	5:09.2
1972	Rayleen Hooper, Medford	5:08.0
1973	Cheryl Bates, Marshfield	5:19.6
1974	Debbie Brundige, Roseburg	5:18.8
1975	Elaine Pond, Grant	5:03.53
1976	Eryn Forbes, Sunset	4:50.49
1977	Kate Conant, South Eugene	4:48.94

TWO-MILE RUN

1977	Kate Conant, South Eugene	10:43.4
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80-METER HURDLES

1966	Gail Boyd, Lebanon	11.8
1967	Gail Boyd, Lebanon	11.7
1968	Wendy Miller, Catlin Gabel	12.4
1969	Peggy Price, Estacada	11.8

100-METER HURDLES

1970	Heidi Davidson, Churchill	14.3
1971	Heidi Davidson, Churchill	14.8
1972	Heidi Davidson, Churchill	14.3
1973	Mary Officer, Madison	14.1w

110-YARD HURDLES

1974	Linda Parmele, Estacada	15.0
1975	Teri Wierson, Sunset	14.37w
1976	Cathi Kvale, Sprague	14.91
1977	Teri Wierson, Sunset	14.70

200-METER HURDLES

1978	Teri Wierson, Sunset	28.32
1979	Cyd Cimmiyotti, Pendleton	28.34

440-YARD RELAY

1966	Medford	52.4
1967	Churchill	51.9
1968	Churchill	50.4
1969	Corvallis	50.3
1970	Sheldon	50.3
1971	Sheldon	51.9
1972	Sunset	51.4
1973	Lebanon	50.8
1974	Lebanon	50.8
1975	Lebanon	49.38
1976	Lincoln	49.35
1977	Corvallis	49.42

880-YARD MEDLEY RELAY

1970	Marshfield	1:54.8
1971	Lebanon	1:58.8
1972	Marshfield	1:53.9
1973	David Douglas	1:53.0
1974	Hillsboro	1:53.6
1975	Estacada	1:51.42
1976	Centennial	1:47.67

ONE MILE RELAY

1977	SUNSET	3:59.74
1978	SUNSET	3:56.17
	(Drake, Herrick, T. Wierson, M. Wierson)	
1979	LINCOLN	3:58.59
	(Campbell, Marks, Hanlon, Mitchoff)	
1980	LINCOLN	3:54.23
	(Hanlon, Campbell, Mitchoff, Marks)	
1981	SPRINGFIELD	3:59.06
	(Sheldon, Wagner, Kurilo, Wright)	
1982	CHURCHILL	3:57.15
	(K. Johnson, L. Johnson, Hardin, Drouet)	
1983	CHURCHILL	3:54.12
	(L. Johnson, Hardin, K. Johnson, Drouet)	
1984	WILSON	3:58.01
	(Post, Thirdgill, Strong, Otterstedt)	
1985	BEAVERTON	3:58.41
	(Hallock, L. Byhre, Reynolds, Allen)	
1986	SANDY	3:58.01
	(Buck, Hartman, Toyooka, Schiel)	
1987	NORTH EUGENE	4:02.49
	(Anderson, DuBois, Brown, Handgis)	

OSAA Girls Track & Field Championships

3A Individual State Champions Through 2006

1975 Lisa Nickel, La Salle2:20.19
1976 Shirley Gregerson, Junction City2:15.88
1977 Lisa Nickel, La Salle 2:15.1

ONE MILE RUN

1969 Joan Justus, Creswell 5:45.6
1970 Maryl Barker, Phoenix 5:28.5
1971 Maryl Barker, Phoenix 5:22.6
1972 Laqueta Lengele, Madras 5:35.4
1973 Cindy McClusky, Pleasant Hill 5:21.0
1974 Teresa Zimmerlee, Eagle Point 5:26.9
1975 Jamie Mitchell, La Salle5:09.83
1976 Lisa Nickel, La Salle5:03.85
1977 Diana Salyer, Rogue River 4:55.7

TWO-MILE RUN

1977 Caryl Lillie, Rogue River.....11:36.1

80-METER HURDLES

1969 Yvonne Richardson, Central Linn 12.2

110-YARD HURDLES

1970 Tina Lynde, Scappoose 14.8
1971 Cathy Fox, Gervais 15.6

200-METER HURDLES

1978 Elaine Kostrikin, Gervais 29.6
1979 Shannon Hansell, McLoughlin 29.2

440-YARD RELAY

1969 Central Linn 51.1
1970 Central Linn 50.5
1971 Central Linn 51.6
1972 Sutherlin 51.8
1973 Sutherlin 51.3
1974 Sutherlin 52.0
1975 Central Linn50.88
1976 Central Linn50.29
1977 Henley..... 50.5

880-YARD RELAY

1970 Sherman County 1:55.3
1971 Cascade..... 2:01.2
1972 Cascade..... 1:56.4
1973 Sutherlin 1:52.3
1974 Cascade..... 1:54.5
1975 Crook County1:52.75
1976 Sutherlin1:51.88

ONE MILE RELAY

1977 St. Mary of Valley 4:03.4

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2A Individual State Champions Through 2006

1975	Scio	51.4
1976	Lost River	51.4
1977	Lost River	51.3

880-YARD RELAY

1971	Canyonville Bible Academy.....	1:56.5
1972	Canyonville Bible Academy.....	1:53.1
1973	Riddle	1:52.7
1974	Chiloquin	1:58.4
1975	Riddle	1:53.6
1976	Chiloquin	1:51.0

ONE MILE RELAY

1977	Harrisburg	4:15.4
<i>(NOTE: 4x400-Meter Relay contested 1978-85)</i>		
1986	OAKLAND	4:10.2
<i>(Jantz, Harmon, Simmons, Evans)</i>		
1987	SALEM ACADEMY	4:07.4
<i>(Widby, Elliott, Bulgin, Wilson)</i>		
1988	OAKLAND	4:10.71
<i>(J. Harman, Jantz, S. Harman, Wickhorst)</i>		
1989	SALEM ACADEMY	4:15.53
<i>(Bulgin, Johnston, Parker, Behling)</i>		
1990	SALEM ACADEMY	4:11.16
<i>(Parker, Bulgin, Johnston, Turnidge)</i>		
1991	GRANT UNION	4:10.83
<i>(Murray, Brant, Woodburg, Sowa)</i>		

