



Oregon School Activities Association

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To: Tennis Coaches

From: K.T. Emerson, OSAA Assistant Executive Director

Subject: Preseason Tennis Reminders

Coaching Resources: We have provided some great resources through Net Generation which include a coaches manual, preseason checklist, in-season check list and no-cut coaching tips! There is also a link provided for the Net Generation Website to access even more resources. <http://www.osaa.org/activities/btn/management>

Finalizing Schedules? Please remember the revised participation limitations that were adopted last winter:

PARTICIPATION LIMITATIONS (OSAA Handbook, Participation Limitations, Tennis)

(Revised Winter 2019)

- A. **Team.** A school team shall not compete in more than 16 **playing dates** at each level of competition, exclusive of the varsity district tournament and state championships. Any time a student participates representing **their** school, it shall count toward the school's team limitation.

Teams with limited players (no more than two) may fill open slots in a match between two other schools' teams. The match shall count as only one **playing date** for all teams concerned.

- B. **Individual.** A student shall not compete in more than 16 **playing dates**, exclusive of the varsity district tournament and state championships. Additionally, a student shall not compete in more than three sets per day in a dual match format. **A varsity player may play one set or pro-set against a junior varsity player provided they complete their varsity match in straight sets.**

- C. **Double Duals and Tournaments.**

- 1) **A maximum of eight playing dates may be multiple matches in the form of double duals or tournaments.**
- 2) A one-day tournament shall count as one **playing date** for the team. A two-day tournament shall count as two **playing dates** for the team.
- 3) **In a double dual or tournament format, an individual may compete in a maximum of six sets per day.**
- 4) **In double dual play which involves three team competing in a dual format against each other in one day, a student may participate in multiple levels of play. In addition, a student may compete in both doubles and singles competitions on the same day, but not against the same school. The student may only participate in two matches or a maximum of six sets during a double dual competition.**
- 5) **In tournament play, a student may participate in only one level of competition.**

State Championships Dates and Locations:

- 6A: May 21- May 23, 2020 at Tualatin Hills Tennis Center
- 5A: May 22, 2020 at Portland Tennis Center and May 23, 2020 at Tualatin Hills Tennis Center
- 4A/3A/2A/1A: May 22- May 23, 2020 at OSU and Timberhill Tennis Club if inclement weather occurs

OSAA Health and Safety Website: <http://www.osaa.org/health-safety> The OSAA website contains a variety of information regarding heat and hydration, lightning safety, and concussion management. This page contains links to informational items that all coaches should familiarize themselves with as practices begin.

Important Spring Dates: Please remember that there are a lot of events throughout the state that take place in the spring including school based events like dances and graduations as well as AP and IB testing. Please review our testing memos that are posted on our website:

[General Testing Memo 2019-20](#)

[IB Testing Memo 2019-20](#)