

2022-23 OSAA STATE CHAMPIONSHIPS CALENDAR

ACTIVITY	NFHS WEEK #	22-23 DATES	CHAMPIONSHIP SITE
MORATORIUM WEEK	Week 4	July 24-30	
CROSS COUNTRY			
First Practice Date	Week 7	August 15	
First Contest Date	Week 8	August 25	
Cutoff Date	Week 17	October 29	
Championships	Week 18	November 5	
VOLLEYBALL			
First Practice Date	Week 7	August 15	
First Contest / Jamboree Date	Week 8	August 25	
6A, 3A, 1A Cutoff Date	Week 16	October 22	
5A, 4A, 2A Cutoff Date	Week 17	October 25	
6A, 3A, 1A 1st, 2nd Rounds	Week 17	October 26, 29	
5A, 4A, 2A 1st Round	Week 17	October 29	
6A, 5A Quarterfinals-Finals	Week 18	November 4-5	
4A, 3A Quarterfinals-Finals	Week 18	November 4-5	
2A, 1A Quarterfinals-Finals	Week 18	November 4-5	
SOCCER			
First Practice Date	Week 7	August 15	
First Contest / Jamboree Date	Week 8	August 25	
6A, 3A/2A/1A Cutoff Date	Week 17	October 25	
5A, 4A Cutoff Date	Week 17	October 29	
6A, 3A/2A/1A Boys 1st, 2nd Rounds	Week 17, Week 18	Oct. 29, Nov. 1-2	
6A, 3A/2A/1A Girls 1st, 2nd Rounds	Week 17, Week 18	Oct. 29, Nov. 2-3	
5A & 4A Boys 1st Round	Week 18	November 1-2	
5A & 4A Girls 1st Round	Week 18	November 2-3	
All Quarterfinals	Week 18	November 4-5	
All Semifinals	Week 19	November 8	
6A, 5A Boys & Girls Finals	Week 19	November 12	
4A, 3A/2A/1A Boys & Girls Finals	Week 19	November 12	
FOOTBALL			
First Practice Date	Week 7	August 15	
First Jamboree Date	Week 8	August 25	
First Contest Date	Week 9	September 1	
Varsity Cutoff	Week 17	October 29	
Sub-Varsity Cutoff	Week 18	October 31	
1st Round	Week 18	November 4-5	
6-Player Semifinals	Week 19	November 11-12	
6A, 5A, 4A, 3A, 2A, 1A 8-Player Quarterfinals	Week 19	November 11-12	
6-Player Final	Week 20	November 18-19	
6A, 5A, 4A, 3A, 2A, 1A 8-Player Semifinals	Week 20	November 18-19	
6A, 5A, 4A, 3A, 2A, 1A 8-Player Finals	Week 21	November 25-26	
CHEERLEADING			
First Practice Date	Week 7	August 15	
First Contest Date	Week 8	August 25	
Cutoff Date	Week 29	January 17	
Championships	Week 32	February 11	
SWIMMING			
First Practice Date	Week 20	November 14	
First Contest Date	Week 22	November 30	
Cutoff Date	Week 32	February 11	
Championships	Week 33	February 17-18	
WRESTLING			
First Practice Date	Week 20	November 14	
First Contest Date	Week 22	November 30	
Cutoff Date	Week 33	February 18	
Championships	Week 34	February 24-25	
BASKETBALL			
First Practice Date	Week 20	November 14	
First Contest / Jamboree Date	Week 22	November 30	
3A, 2A, 1A Cutoff Date	Week 33	February 18	
6A, 4A Cutoff Date	Week 34	February 25	
3A, 1A Girls 1st, 2nd Rounds	Week 34	February 21, 24	
3A, 1A Boys 1st, 2nd Rounds	Week 34	February 22, 25	
5A Cutoff Date	Week 35	March 1	
1A Girls Quarterfinals-Finals	Week 35	March 1-4	
1A Boys Quarterfinals-Finals	Week 35	March 2-4	
2A Girls 1st Round	Week 34	February 24	
2A Boys 1st Round	Week 34	February 25	
2A Boys & Girls Quarterfinals-Finals	Week 35	March 2-4	
3A Boys & Girls Quarterfinals-Finals	Week 35	March 2-4	

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4A Girls 1st Round	Week 35	March 3	
4A Boys 1st Round	Week 35	March 4	
4A Boys & Girls Quarterfinals-Finals	Week 36	March 9-11	
5A Girls 1st Round	Week 35	March 3	
5A Boys 1st Rounds	Week 35	March 4	
5A Girls Quarterfinals-Finals	Week 36	March 8-11	
5A Boys Quarterfinals-Finals	Week 36	March 9-11	
6A Girls 1st, 2nd Rounds	Week 35	Feb. 28, March 3	
6A Boys 1st, 2nd Rounds	Week 35	March 1, 4	
6A Girls Quarterfinals-Finals	Week 36	March 8-11	
6A Boys Quarterfinals-Finals	Week 36	March 9-11	
DANCE/DRILL			
First Practice Date	Week 7	August 15	
First Contest Date	Week 8	August 25	
Cutoff Date	Week 35	March 4	
Championships	Week 37	March 17-18	
SPEECH			
First Practice Date	Week 7	August 15	
First Contest Date	Week 8	August 25	
Cutoff Date	Week 40	April 8	
Championships	Week 42	April 20-22	
MUSIC			
First Practice Date	Week 7	August 15	
First Contest Date	Week 8	August 25	
Solo Music Cutoff Date	Week 37	March 14	
Choir, Band, Orchestra Cutoff Date	Week 41	April 15	
Solo Music	Week 43	April 29	
2A/1A, 3A Choir	Week 44	May 4	
5A, 4A Choir	Week 44	May 5	
6A Choir	Week 44	May 6	
Orchestra	Week 45	May 10	
4A, 3A Band	Week 45	May 11	
5A, 2A/1A Band	Week 45	May 12	
6A Band	Week 45	May 13	
GOLF			
First Practice Date	Week 35	February 27	
First Contest Date	Week 37	March 13	
Cutoff Date	Week 45	May 9	
6A Boys Golf	Week 46	May 15-16	
6A Girls Golf	Week 46	May 15-16	
5A Boys Golf	Week 46	May 15-16	
5A Girls Golf	Week 46	May 15-16	
4A Boys Golf	Week 46	May 15-16	
4A/3A/2A/1A Girls Golf	Week 46	May 15-16	
3A/2A/1A Boys Golf	Week 46	May 15-16	
TENNIS			
First Practice Date	Week 35	February 27	
First Contest Date	Week 37	March 13	
Cutoff Date	Week 45	May 13	
6A Boys & Girls	Week 46	May 18-20	
5A Boys & Girls	Week 46	May 19-20	
4A/3A/2A/1A Boys & Girls	Week 46	May 19-20	
TRACK & FIELD			
First Practice Date	Week 35	February 27	
First Contest Date	Week 37	March 13	
Cutoff Date	Week 46	May 20	
6A, 5A, 4A, 3A, 2A, 1A Boys & Girls	Week 47	May 25-27	
BASEBALL/SOFTBALL			
4A, 3A, 2A/1A Rule of 8	Week 33	February 13	
First Practice Date	Week 35	February 27	
First Contest / Jamboree Date	Week 37	March 13	
6A, 3A, 2A/1A Cutoff Date	Week 46	May 18	
5A, 4A Cutoff Date	Week 46	May 20	
6A, 3A, 2A/1A 1st, 2nd Rounds	Week 47	May 22, 24	
5A, 4A 1st Round	Week 47	May 24	
All Quarterfinals	Week 47	May 26	
All Semifinals	Week 48	May 30	
3A, 2A/1A Softball Finals	Week 48	June 2	
6A, 5A, 4A Softball Finals	Week 48	June 3	
Baseball Finals	Week 48	June 3	
LAST DAY OF ASSOCIATION YEAR			
	Week 48	May 29	

Participation Limitations (Handbook Link)

https://www.osaa.org/governance/handbooks/osaa#_Toc456100269