



Oregon School Activities Association

25200 SW Parkway Avenue, Suite 1
Wilsonville, OR 97070
503.682.6722 <http://www.osaa.org>



SPORTS MEDICINE ADVISORY COMMITTEE

Tuesday, May 2, 2023
6:30pm | The Ram - Salem

MINUTES

1. Welcome and Introductions
2. Committee Roster – Review and Update
 - a. *Attending – Mick Koester, Robert Bents (Zoom), Mark Boren, Preston Chadwick (Zoom), Erin Cramer, Robert Fan, Marlee Hansen, Sam Johnson, Shelly Jones, Marc Norcross, Sean Rash (Zoom), David Sarmiento, Rob Younger, Chris Knudsen, Peter Weber.*
3. Review minutes of February 8, 2023, meeting – *approved.*
4. Old Business
 - a. *Pre-Participation Physical Exam Form Update – The State Board of Education approved the updated form at their April meeting. ODE is working on getting the form translated into additional languages and OSAA will distribute accordingly. There is a one-year grace period until use of the form is required for transitional purposes.*
 - b. *Heat Index Policy Updates Needed – There was interest in putting a sub-committee together to further examine this policy for potential changes for the 2024-25 school year. Sam Johnson and Shelly Jones are willing to help.*
 - c. *Oregon Athletic Directors Association (OADA) Conference Voting (attachment)*
 - 1) *Six Quarters in FB for 6A/5A – 5A ADs supported this change, but 6A ADs did not. The amendment to allow 5A schools to utilize six quarters in a week will go the OSAA Executive Board on May 8 for adoption.*
 - 2) *Football Calendar – 10 weeks to play 9 games – Statewide ADs supported this change and OSAA will look to implement beginning with the 2024-25 school year. The SMAC remains supportive.*
 - d. *TBI & Youth Awareness Campaign – HB 4140 – Sam updated the group on this campaign. There have been monthly meetings to initiate a Return-to-Learn (RTL) campaign, including different slides for different stakeholders. More info to come depending on its status following the current legislative session.*
 - e. *Emergency Action Planning (EAP) Campaign – Peter and Rob reviewed the previous campaign materials in the packet. Sam is putting together a survey for schools to help determine the need and narrow the focus of the campaign. The survey will be sent out prior to the end of this school year so we can kick off the Fall season. A sub-committee, including Mick, Rob, Chris, Sam, and Peter, will review the survey and work to pull together resources for the campaign.*
5. New Business
 - a. *NFHS SMAC Update – Shelly Jones is now a member of the NFHS SMAC and reported on their recent meetings. NFHS needs help from states regarding reporting of catastrophic injuries by schools. NFHS is working to include articles in HS Today from athletic trainers. They are working on a mental health class/resource to assist schools. RIO reporting is critical to the success of that program. Wrestling information, including mat cleaning*

and skin check protocols, is forthcoming.

- b. National Sudden Cardiac Arrest Campaign – *Information regarding this effort was shared with committee members, including OSAA’s response to an inquiry from Gov. Kotek’s office. A pre-event medical timeout was discussed as well.*
- c. Mac Parkman Foundation Youth Football Statement – *Mick shared information being considered by this foundation regarding the banning of contact sports for those 14 and under. The group is not supportive of that approach but does support exploring developmental information in this area.*
- d. Skin Infection Education – *Peter will work with Kris to discuss potential educational elements with the Wrestling Advisory Committee. Items include, possibly requiring that wrestlers have the skin form in-hand with zero tolerance. Preston also offered to distribute his contact information to wrestling officials to help answer questions as needed. There were discussions about a skin check protocol video as well.*
- e. Football Guardian Caps – *Clarity was provided that caps being marketed to high schools aren’t the same as the caps used in the NFL. It was also discussed that use of these caps may invalidate the helmet’s warranty.*

6. Committee Member Topics / Discussion

7. Spring State Championships Coverage

Tennis	Thur.-Sat., May 18-20	Beaverton, Corvallis
Track & Field	Thur.-Sat., May 25-27	Hayward Field, Eugene
Softball	Fri.-Sat., June 2-3	Jane Sanders Stadium, Eugene
Baseball	Sat., June 3	Eugene, Keizer, Portland, Corvallis

8. Future Meeting Date – September 12 (The Ram – Salem)