



Oregon School Activities Association

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SPORTS MEDICINE ADVISORY COMMITTEE

Tuesday, June 8, 2021

MINUTES

1. Present: Dr. Michael Koester (chairperson); Dr. Robert Bents; Mark Boren EMT-I (RET); Dr. Preston Chadwick; Dr. James Chesnutt; Dr. Robert Fan; Marlee Hansen, MS, ATC (OATS); Sam Johnson PhD, ATC, CSCS (OATS); Shelly Jones, ATC (OATS); Marc Norcross, PhD, ATC; Dr. Sean Rash; Dr. Alana Ryan; Dr. David Sarmiento; Rob Younger and Chris Knudsen (OACA); Kelly Foster, K.T. Emerson, Brad Garrett, Kris Welch, and Peter Weber (OSAA).
2. Welcome and Introductions. The meeting was conducted via Zoom.
3. Review minutes of February 2, 2021, meeting – The committee approved the minutes (Norcross/Fan).
4. Old Business
 - A. OHA Guidance Update Indoor and Outdoor Recreation – Peter Weber reviewed the updated guidance for indoor and outdoor recreation regarding vaccinated individuals and mask policies. No masks are required while participating in swimming and wrestling. The OSAA is hopeful for a return to some semblance of normalcy in the fall.
 - B. COVID Cardiac Guidance – Dr. Michael Koester reported that there is no change for guidance at this time. The NFHS SMAC is reviewing potential changes to their guidance document and should have an update later this summer. OSAA SMAC sub-committee to review for potential changes this fall.
5. New Business
 - A. OSAA/NFHS Hair Beads/Adornments Policy – Peter Weber gave an update on state law changes as it pertains to activities. The OSAA Executive Board is proposing changes to playing rules where appropriate with regards to health and safety for individual in alignment with state law. Dr. Koester gave a national picture regarding natural hairstyles and religious headwear and shared that there is no RIO injury data on hair adornments. The committee shared concerns regarding hair ties and in the sport of wrestling specifically.
 - B. OSAA Air Quality Board Policy – Dr. Koester shared that the OSAA Board Policy is more conservative than other entities (including the NCAA) but that our numbers are currently tied to the OHA guidance. The committee discussed the potential for a “return to play” policy as it regards to individuals/teams not being able to practice due to air quality or a quarantine.
 - C. Minimum Practice Days Requirement Policy – Peter Weber reviewed the survey data that indicated the athletic directors were in support of continuing the Minimum Practice Day Requirement that was implemented in 2020-21. The committee is in support of continuing the policy due to injury prevention. They would also support a caveat that participation in the previous season negates the minimum. Staff to take to OSAA Executive Board in July for approval.
 - D. Baseball Pitch Count Issues – Kris Welch shared with the committee the issues around the pitch count policy, especially as it pertains to the extension to sub-varsity. The OSAA will continue to educate coaches with clarity on the exceptions allowed.
 - E. NFHS SMAC Update – Dr. Koester reported to the committee that there is a sub-committee looking at COVID cardiac issues and the need for cardiac screenings. Looking at potential targeted sport gender screenings specifically for boys basketball, boys soccer, and football. The NFHS SMAC is also continuing to look at heat-illness related deaths as we see a rise in sports other than football. The committee is asking for more Athletic Trainers to report injury data in High School RIO. Dr. Koester will rotate off as the chair of the NFHS SMAC committee in July.
6. Sway Medical Proposal – Chase Curtiss, Labiba Russo, Patty Curtiss, and John Rehnstrom from Sway Medical presented to the committee on their tool for pre-assessment and post-concussion. It is a multi-mobile system that tests balance, memory, reaction time, inspection time, and impulse control. It offers unlimited testing, covid screening, and on-field assessments. The committee discussed that an endorsement may affect the IMPACT program numbers and costs. It was noted that schools aren’t required to use any specific product, that is a local decision. The international concussion group meets again in 2022 and may have updated recommendations regarding testing.
7. Committee Member Topics / Discussion – None.
8. Future Meeting Dates – Looking at traditional mid-September for Fall meeting.