



## Oregon School Activities Association

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### SPORTS MEDICINE ADVISORY COMMITTEE

Tuesday, September 12, 2023

6:30pm | The Ram - Salem

#### MINUTES

1. Welcome and Introductions
2. Committee Roster – Review and Update
  - a. *Attending – Mick Koester, Mark Boren, Preston Chadwick, Erin Cramer, Marlee Hansen, Sam Johnson, Shelly Jones, Marc Norcross, Alana Ryan, Ryan Rockwood, Rob Younger, Chris Knudsen, Scott Gragg, Peter Weber, Kelly Foster, Missy Smith.*
3. Review minutes of May 2, 2023, meeting – *approved.*
4. Old Business

- a. Football Calendar – 10 weeks to play 9 games

*Request from the Football Ad Hoc to have 10 weeks to play 9 games. Allows for the choice of a jamboree or contest in week 1. This schedule would allow for a bye week later in the season and make it easier for scheduling out of season with bordering states. ADs supported this change and OSAA will look to implement beginning with the 2024-25 school year. The SMAC is supportive.*

- b. TBI & Youth Awareness Campaign – HB 4140

*Sam Johnson reported on the progress of the group working on this effort. HB 4140 is focused on accommodations for students in the classroom (i.e., Return-to-Learn). They are focused on a campaign that is differentiated for various stakeholders. More info to come as the group continues to meet regularly.*

- c. Emergency Action Plan (EAP) Campaign – *Kelly Foster presented the latest iteration of the current campaign and provided materials from the first two mailings. Seasonally, there will be an Emergency Action Day where all schools will be asked to practice their plan. This collaborative effort is a priority for OSAA, OACA, and OADA this year in working with OATS. Mark Boren signed up to present at the OSBA Conference in November on the importance of EAP awareness and action plans.*

- d. Wrestling Skin Check Education

*Preston Chadwick and Mick Koester shared an example of potential educational materials for coaches and officials in this area. They also plan to review the latest free course from NFHSLearn, Communicable Skin Infections. Preston requested that we emphasize the requirement that wrestlers have their skin lesion forms on their person at weigh-ins.*

5. New Business

- a. 2023-24 OSAA SMAC Reminders (*attachment*)

*Peter presented the OSAA SMAC Reminders document that was shared with all schools at the Fall*

*Administrator Workshops. The SMAC asked for it to be shared seasonally with an emphasis on updating based on season-specific concerns.*

b. Heat Index Policy

1) Water intoxication and Hyponatremia (*attachment*)

*A request was shared with the committee to address Water intoxication and Hyponatremia in the Heat Index Policy. The committee recommends including the language from the NFHS Hydration Statement to share with schools for best practices.*

2) Turf Field Conditions and Resources

*A sub-committee will evaluate the current policy and add information and resources for field turf usage. Shelly Jones, Sam Johnson, Mick Koester, and Kelly Foster volunteered.*

c. Wrestling State Championships – Lead Medical

*The OSAA needs someone to fill the Lead Medical role at the Wrestling State Championships. Kelly will develop a job description to share with the group. Several potential candidates were discussed and Kelly will follow up to determine interest and availability.*

d. NFHS Track and Field Event Limitations

*At this time there is no impetus to increase the number of events allowed for each individual student at the state track meet. The committee believes it would lead to a decrease in participation at the event as well as an increase in scheduling conflicts.*

e. NFHS SMAC Update

*The committee just published their agenda for their fall meeting. No other updates at this time.*

6. Committee Member Topics / Discussion

*Marlee requested that the verbiage used for PurpleAir monitors be updated to address specific settings. A sub-committee will review language in the policy and bring back to the group in November.*

7. Fall State Championships Coverage

Cross Country	Saturday, Nov. 4	Lane Community College (Eugene)
6A, 5A Volleyball	Friday-Saturday, Nov. 3-4	Forest Grove HS
4A, 3A Volleyball	Friday-Saturday, Nov. 3-4	Springfield HS
2A, 1A Volleyball	Friday-Saturday, Nov. 3-4	Ridgeview HS (Redmond)
6A, 5A Soccer	Saturday, Nov. 11	Sherwood HS
4A/3A/2A/1A Soccer	Saturday, Nov. 11	Liberty HS (Hillsboro)
Football	Friday-Saturday, Nov. 17-18	Various Sites
Football	Friday-Saturday, Nov. 24-25	Various Sites

8. Future Meeting Date – November 7 (The Ram – Salem)